



STRONG AFRICAN AMERICAN FAMILIES Program



Who: 10-14 year olds and their parents/caregivers

When : October 6- November 17 (Mondays only!) from 6:00-8:30 PM

Where:
Middle Earth
520 N. Bridge St.
Bridgewater

Free dinner will be provided at each session.

Join Middle Earth and EmPoWER Somerset as they provide the state's first Strong African-American Families (SAAF) program! SAAF, founded at the University of Georgia, is a **FREE** 7-week, evidence-based program, designed to strengthen family relationships and decrease drug use among African-American youth.

Want to register or have any questions?

Abena Dakwahene
abena@empowersomerset.com
908-722-4900

Pre-registration is required for this program. We only have room for 10 families!

Babysitting is available for younger kids.

Incentives are available for families who complete the program!



SAAF Mission Statement:

To advance the well-being of African American families by strengthening family relationships, parenting processes and youth competencies.