



October 2015

For Kids & Teens



Family Fun Night



Halloween Spooktacular is baaa-aaack!
Join us for evening full of tricks and treats.

Friday, October 30th
Division St., Somerville, NJ

3:00 pm-6:00 pm

Visit downtown Somerville businesses
for Trick or Treating.

Stop by Division St. where we will have a dance Party,
scavenger hunt, tasty treats and much more!

Register online at: www.tinyurl.com/freenjfun



Family Support Organization's Co-Ed Youth Partnership

Have fun, make new friends and improve your
community

Youth partnership events provide social, recreational
and community service events for boys and girls,
ages 13-21.

Friday, October 2nd at
EmPoWER FSC
6:00 pm -8:00 pm

Call in advance to register at (908) 223-1191

For Parents



Women's Wellness Support Group

Connect with other new
mothers.

Share your concerns, challenges
and experiences; discuss your
adjustment to motherhood and
practical concerns of parenting.

Every Thursday
11:00 am- 12:00 pm at
EmPoWER FSC

Family Support Organization's Proactive Parenting

Learn proactive skills, support and
share your story with similar parents
and caregivers looking to strengthen
their families.

Wednesday, October 7th
7:00 pm – 9:00 pm at
EmPoWER Somerset
34 W. Main St., Suite 307,
Somerville, NJ

To register, call: (908) 223-1191



Harvesting Healthy Families Tricky Tray and 50/50 raffle

Support EmPoWER Somerset and
The Center School!

Browse a selection of valuable
prizes, artfully crafted for your
family's delight, while enjoying
complimentary dessert, coffee, and
tea.

Friday, October 2nd
6:30 pm-9:00 pm at
The Center School
2 Riverview Drive
Somerset, NJ

To purchase tickets and for more
information, visit:

www.empowersomerset.com and
click on the "Tricky Tray
Fundraiser" tab



October 2015

For Parents

Special Education in NJ: Know Your Child's Rights

Parents can easily become confused by complexities in special education law, and how it directly affects their own children. Join the SCCYC and The Innisfree Foundation at this presentation for parents to learn more & have questions answered.

Presented by: John D. Rue, Esq., President & General Council



Friday, October 16th
6:30pm-8pm
Somerset Children's Center
377 Union Avenue (Rt. 28)
Bridgewater, NJ.



Questions may be directed to Amy Phillips: aphillips@somersetchildrenscenter.org



Life Skills Programs

English for Speakers of Other Languages (ESOL)

Hunterdon County Education Service helps individuals learn how to speak and write in English.

Mondays and Wednesdays
7:00 pm- 9:00 pm at
EmPOWER FSC

For registration,
Please contact Fran Leddy
at 908-237-5000 or
email fleddy@hcsc.com

Talent Development Group

Looking to enhance your talents in today's competitive job market? Join this job seekers group and strengthen your skills through resume reviews, discussions and mock interviews.

Mondays
2:00 pm-4:00 pm at
EmPOWER FSC



Citizenship Preparation Class

Classes are available to prepare for the citizenship test on

Mondays
10:00 am -1:00 pm at
EmPOWER FSC

There is a one-time registration fee of \$25. Book will be provided.

For more information or assistance please call:
(732) 777 - 1940 ext. 1153



Looking for a Job?

Check our new Job Posting Webpage!



Go to www.empowerfsc.com, click the link **Job/training opportunities** in the main menu, and check the listings sourced by various community partner organizations and businesses.



Healthy Living



EmPOWER Walking Club

Do you feel like you're not exercising enough? Join our walking group!

If weather permits, we meet Mondays in front of Somerville Senior Center and Wednesdays and Fridays in front of Empower Family Success Center's office building from 12:30 pm-1:00 pm