



## For Kids & Teens



Ladies and Gentleman, boys and girls! You are invited to our Carnival Family Fun Night. Play games, win prizes, take fun pictures at our photo booth, get your faces painted, and much more!

**Thursday May 28th, 2015**  
**6:00 pm- 8:00 pm**  
**Location: TBA**

**Register now:**

Online at  
[www.tinyurl.com/FreeNJfun](http://www.tinyurl.com/FreeNJfun)  
or call us at (908) 722-4400



### Family Support Organization's Youth Partnerships

Have fun, make new friends and improve your community. Youth partnership events provide social, recreational and community service events for boys and girls, ages 13-21.

**Boys Youth Partnership,**  
Friday, May 1st at FSO, Washington, NJ  
5:30 pm to 7:30 pm

**Girls Youth Partnership,**  
Friday, May 8th at The EmPOWER FSC  
5:30 pm to 7:30 pm

**Co-Ed Youth Partnership,**  
Friday, May 15th at Spring Run School, Flemington, NJ  
6:00 pm to 8:00 pm

**Please, call in advance for registration and transportation at (908) 223-1191**



## For Parents

### Family Support Organization's Proactive Parenting

Learn proactive skills, support and share your story with similar parents and caregivers looking to strengthen their families.

**Wednesday, May 6<sup>th</sup>**  
**7:00 pm – 9:00 pm at**  
**EmPOWER Somerset**  
**34 W. Main St., Suite 307, Somerville, NJ**

To register, please call (908) 223-1191



### Women's Wellness Support Group

Connect with other new mothers. Share your concerns, challenges and experiences; discuss your adjustment to motherhood and practical concerns of parenting.

**Every Thursday**  
**9:30 am to 10:30 am at**  
**EmPOWER Family Success Center**



## Life Skills Programs

### English for Speakers of Other Languages (ESOL)

Hunterdon County Education Service helps individuals learn how to speak and write in English.

**New session starting Fall 2015 at EmPoWER Family Success Center**

For registration, Please contact Fran Leddy at 908-237-5000 or email [fleddy@hcesc.com](mailto:fleddy@hcesc.com)

### Talent Development Group

Looking to enhance your talents in today's competitive job market?

Join this job seekers group and strengthen your skills through resume reviews, discussions and mock interviews.

*\*No meeting on May 25<sup>th</sup>*

**Mondays  
2:00 pm-4:00 pm  
at  
EmPoWER Family  
Success Center**

### Citizenship Preparation Class

Classes are available to prepare for the citizenship test on

**Starting Monday May 18<sup>th</sup>  
10:00 am -1:00 pm  
at  
EmPoWER Family Success  
Center**

*\*No class on May 25<sup>th</sup>*

There is a one-time registration fee of \$25. Book will be provided.

For more information or assistance please call:  
(732) 777 - 1940 ext. 1153



### Looking for a Job?

Check our new Job Posting Webpage!



Go to [www.empowerfsc.com](http://www.empowerfsc.com), click the link **Job/training opportunities** in the main menu, and check the listings sourced by various community partner organizations and businesses.



### Summer Smoothies

Learn how to make healthier choices for your family! Join us for an interactive workshop as we explore topics including milk and calcium, saturated fat and ways to get your kids to eat veggies and fruits! Come try different smoothies that you can make at home!

Co-Facilitators: Snap-Ed and Family Support Organization

**Tuesday, May 12th  
12:30 pm-2:00 pm at  
EmPoWER FSC**

To register, please call (908) 722-4400



## Healthy Living

### EmPoWER Walking Club

Do you feel like you're not exercising enough? Join our walking group!

**We meet every Wednesday and Friday  
from 12:30 pm-1:00 pm  
in front of Empower Family Success Center's  
office building**

To sign-up, please call:  
(908) 722-4400.



## EmPoWER Family Success Center

34 W. Main St., Somerville, NJ, Suite 201

(908) 722-4400 • [fsc@empowersomerset.com](mailto:fsc@empowersomerset.com)

Check out [www.empowerfsc.com](http://www.empowerfsc.com) for more information and like us on Facebook: [www.facebook.com/EmpowerFSC](http://www.facebook.com/EmpowerFSC)