



For Kids & Teens

Free Family Fun Night "Family Pajama Night"



Wear your favorite pj's and stay cozy at our Family Pajama Night!



Enjoy a family movie and refreshments. Don't forget your sleeping bag or blanket!

Thursday January 15th
5:45 pm – 7:45 pm
Manville Public Library
100 South 10th Avenue, Manville, NJ



Register now:

Online at www.tinyurl.com/FreeNJfun or
call us at (908) 722-4400



Family Support Organization's Youth Partnerships

Have fun, make new friends and improve your community

Youth partnership events provide social, recreational and community service events for boys and girls, ages 13-21.

Boys Youth Partnership,

Friday, January 2nd at The EmPoWER FSC
5:30 p.m. to 7:30 p.m.

Girls Youth Partnership,

Friday, January 9th at the Vault Youth Center in
Washington, NJ
5:30 pm to 7:30 pm

Co-Ed Youth Partnership,

Friday, January 16th at Somerville YMCA
5:30 pm to 7:30 pm

Please call in advance for transportation at
(908) 223-1191

For Parents

Family Support Organization's Proactive Parenting

Learn proactive skills, support and share your story with similar parents and caregivers looking to strengthen their families.

Wednesday, January 7th
7:00 pm – 9:00 pm at
EmPoWER Somerset
34 W. Main St., Suite 307, Somerville, NJ

To register, please call (908) 223-1191



Women's Wellness Support Group

Connect with other new mothers. Share your concerns, challenges and experiences; discuss your adjustment to motherhood and practical concerns of parenting.

Every Thursday
9:30 am to 10:30 am at
EmPoWER Family Success Center

Family Support Organization- HSW presents Is There a Challenging Child (or adult) in your life? A Collaborative Problem Solving workshop

This presentation will show why traditional methods of intervention doesn't work for so many challenging kids and what does work - from the perspective of a parent who's been there.

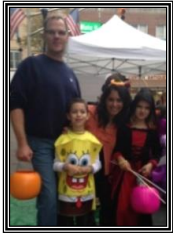
This workshop is for Parents, Educators, Case Managers, Clinicians, Law Enforcement.

Featured speaker: **Alicia Stevenson**

Certified CPS Mentor, via ThinkKids/Massachusetts General Hospital*, Parent of a child with learning disabilities and mental health challenges

* Alicia is not affiliated with Mass. General Hospital

Tuesday, January 13th
6:30pm-9:00pm
At EmPoWER Family Success Center
To RSVP, please call 908-223-1191 by January 9th



Life Skills Programs

English for Speakers of Other Languages (ESOL)

Hunterdon County Education Service helps individuals learn how to speak and write in English.

Mondays and Wednesdays
Starting January 5th, 2014
7:00 pm – 9:00 pm
at
EmPoWER Family Success Center

For registration and testing,
Please contact Fran Leddy
at 908-237-5000 or
email fleddy@hcesc.com

***No class on January 19th**

Talent Development Group

Looking to enhance your talents in today's competitive job market?

Join this job seekers group and strengthen your skills through resume reviews, discussions and mock interviews.

Mondays
2:00 pm-4:00 pm
at
EmPoWER Family Success Center

***No meeting on January 19th**

Citizenship Preparation Class

Classes are available to prepare for the citizenship test on

Mondays
10:00 am -1:00 pm
at
EmPoWER Family Success Center

There is a one-time registration fee of \$25. Book will be provided.

For more information or assistance please call:
(732) 777 - 1940 ext. 1153

***No class on**
January 12th and 19th



Looking for a Job?

Check our new Job Posting Webpage!



Go to www.empowerfsc.com, click the link **Job/training opportunities** in the main menu, and check the listings sourced by various community partner organizations and businesses.

Healthy Living

EmPoWER Walking Club

Do you feel like you're not exercising enough?
Bundle up and join our walking group!

We meet every Wednesday and Friday from 12:30 pm-1:00 pm
in front of Empower Family Success Center's office building



EmPoWER Family Success Center

34 W. Main St., Somerville, NJ, Suite 201
(908) 722-4400 • fsc@empowersomerset.com

Check out www.empowerfsc.com for more information and like us on Facebook: www.facebook.com/EmpowerFSC