

**CADCA'S NATIONAL YOUTH LEADERSHIP INITIATIVE (NYLI)
IN SUPPORT OF
EMPOWER SOMERSET**

Date: June 28-29, 2016
Location: Somerville Elks Lodge, 375 Union Street, Bridgewater, NJ 08807
Audience: Up to 100 youth and adult participants

CADCA's NYLI training focuses on providing participants the skills required to support their local coalition work. The participants are trained on how to apply the Strategic Prevention Framework (SPF), develop logic models, strategic planning and select interventions. In addition, youth will receive preliminary advocacy training and draft an elevator speech for future advocacy work. One of the capstone products of the NYLI Training is the Youth In Action Project that incorporates seven strategies for a comprehensive community change approach. The NYLI experience teaches what is required to create and nurture the growth of committed leaders and their work within communities. Youth and adults will be better equipped to develop an action plan that clearly defines the strategies that young leaders will carry out to address the problems and goals that the coalition is striving to affect.

Learning Objectives:

- Define Key Leadership Characteristics of an effective youth leader
- Define their communities and identify the substance abuse problem they find to be most prevalent
- Develop a Problem Statement that effectively articulates the problem in a definitive way
- Conduct a Problem Analysis by identifying research-based risk and protective factors and local conditions that accurately portray how the problem appears in their respective neighborhoods
- Brainstorm and select evidence-based strategies that will intervene in a particular local condition using Seven Community Change Strategies
- Develop a comprehensive intervention strategy that will translate into a Strategic Action Plan, describing who, will do what, by when
- Draft a Youth-In-Action Project

DRAFT TRAINING AGENDA**Day 1: (9 am--4:00pm)****Welcome & NYLI Overview****LARGE ROOM**

Youth will be introduced to the vision and mission of NYLI. Participants will have an opportunity to engage in an interactive introduction activity with the NYLI Training Team and learn about the expectations of the NYLI experience.

Change Agents Leading The Way**LARGE ROOM**

Youth will learn about the skills that are needed by coalition members to effectively participate in community problem solving. Special emphasis will be placed on leadership and cultural competency. Youth will participate in interactive activities to closely examine and understand leadership qualities.

Overview Of The Strategic Prevention Framework (SPF)**LARGE ROOM**

Youth will learn about the Strategic Prevention Framework and how youth can be engaged at every phase of this community problem solving process. Participants will engage in a highly interactive activity to reinforce learning.

LUNCH**What's Up In Our Community****LARGE ROOM/BREAKOUT**

Youth will learn the essential parts of a community assessment and how this process is used to surface community issues. Youth will have an opportunity to participate in a small group activity to define their communities and identify community problems.

What's The Problem?**LARGE ROOM/BREAKOUT**

Youth will learn the criteria for writing a good problem statement. Participants will work in their teams to apply what they have learned and develop a problem statement for their communities.

Why Is There A Problem?**LARGE ROOM/BREAKOUT**

Youth will increase their knowledge of how problems emerge in communities. Root causes/risk factors that influence problems will be taught during this session. Participants will have an opportunity to interact in a large group activity to apply what they learned.

DAY 2: 9:00AM-4:00PM**Why Is There A Problem? (cont'd)****LARGE ROOM/BREAKOUT**

Youth will increase their knowledge of how problems emerge in communities. Root causes/risk factors that influence problems will be taught during this session. Participants will have an opportunity to interact in a large group activity to apply what they learned.



DAY 2: 9:00AM-4:00PM

Why Is The Problem In OUR Community?**LARGE ROOM/BREAKOUT**

Participants will continue examining community problems and be introduced to the second phase of the “But Why/But Why Here” problem analysis technique. They will learn how to identify and define the local conditions that contribute to the root cause/risk factors in their own community. To reinforce learning, participants will engage in a small group activity to explore the relationship between root cause/risk factors, local conditions and problem behaviors.

What is Our Model For Change?**LARGE ROOM/BREAKOUT**

Youth will learn the criteria for and how to develop a good logic model. Each community team will have an opportunity to report out and receive feedback on their logic model.

We Can Change This!**LARGE ROOM/BREAKOUT**

Youth will learn about behavior change strategies and how to develop comprehensive interventions to impact their community problems. Youth will participate in a small group application activity to develop a comprehensive intervention and will have an opportunity to report out their plan and receive feedback.

LUNCH**Developing Interventions****LARGE ROOM**

Youth will learn how to effectively use the community assessment and problem analysis to make decisions about selecting appropriate behavior change strategies. Youth will participate in a highly energized interactive activity to reinforce learning about influencing community change.

Youth In Action!**LARGE ROOM**

Using their intervention strategies, youth will develop strategic and action plan to carry out their “Youth In Action” Project. Participants deepen their understanding of how the behavior change strategies are used to advocate for population-level change. Youth will have an opportunity to participate in an engaging group activity with their coalition to learn how to take their intervention strategies to action via a “Youth In Action” Project.

Pulling It All Together!**LARGE ROOM/BREAKOUT**

Youth will cross-share their Action Plans with another team offering and receiving feedback on how to enhance their Youth In Action Projects.

Wrap up/Evaluations**LARGE ROOM**

If time permits and all objectives have been met, we like to provide an opportunity for all participants to share their overall experience of the training, how it impacted them and what their plans are moving forward. Our trainers often end with a few parting words and we ask everyone to complete participant evaluations.

