



For Kids & Teens

Celebrating & Strengthening Families Fun Day



This free event will include fun activities*, raffles, lunch and snacks, and interactive workshops for parents to learn valuable skills to support their children's development. *Open to all families from Somerset, Hunterdon, Mercer and Burlington Counties.*



Friday, April 10th
10:30 am-1:30 pm
Rutherford Hall
1686-R Route 517,
Allamuchy, NJ



**Fun activities have been planned for kids ages 2-5 years old*

To register contact EmPoWER FSC at 908-722-4400 by April 6th, 2015

Family Support Organization's Youth Partnerships

Have fun, make new friends and improve your community
Youth partnership events provide social, recreational and community service events for boys and girls, ages 13-21.

Boys Youth Partnership,
April 3rd, 2015 meeting Cancelled

Girls Youth Partnership,
Friday, April 10th at The EmPoWER FSC
5:30 pm to 7:30 pm

Co-Ed Youth Partnership,
Friday, April 17th at Spring Run School
Flemington, NJ
6:00 pm to 8:00 pm

Please, call in advance for registration and transportation at (908) 223-1191



For Parents

Family Support Organization's Proactive Parenting

Learn proactive skills, support and share your story with similar parents and caregivers looking to strengthen their families.

Wednesday, April 1st
7:00 pm – 9:00 pm at
EmPoWER Somerset
34 W. Main St., Suite 307, Somerville, NJ

To register, please call (908) 223-1191



Women's Wellness Support Group

Connect with other new mothers. Share your concerns, challenges and experiences; discuss your adjustment to motherhood and practical concerns of parenting.

Every Thursday
9:30 am to 10:30 am at
EmPoWER Family Success Center

Prom Dress Drive!

Help EmPoWER FSC and Franklin High School's Sisters in Training for Life Program to help High School students offset the high cost of prom!

Donate new or gently used formal dresses, jewelry and shoes
by April 13th, 2015

Call the EmPoWER FSC for drop-off information or email at nicole@empowersomerset.com





Life Skills Programs

English for Speakers of Other Languages (ESOL)

Hunterdon County Education Service helps individuals learn how to speak and write in English.

Mondays, Wednesdays, and Thursdays
7:00 pm – 9:00 pm
at
EmPOWER Family Success Center

For registration,
Please contact Fran Leddy
at 908-237-5000 or
email fleddy@hcesc.com

Talent Development Group

Looking to enhance your talents in today's competitive job market?

Join this job seekers group and strengthen your skills through resume reviews, discussions and mock interviews.

Mondays
2:00 pm-4:00 pm
at
EmPOWER Family Success Center

Citizenship Preparation Class

Classes are available to prepare for the citizenship test on

Mondays
10:00 am -1:00 pm
at
EmPOWER Family Success Center

There is a one-time registration fee of \$25. Book will be provided.

For more information or assistance please call:
(732) 777 – 1940 ext. 1153



Looking for a Job?

Check our new Job Posting Webpage!



Go to www.empowerfsc.com, click the link **Job/training opportunities** in the main menu, and check the listings sourced by various community partner organizations and businesses.

Healthy Living

EmPOWER Walking Club



Do you feel like you're not exercising enough?
Join our walking group!

We meet every Wednesday and Friday
from 12:30 pm-1:00 pm
in front of Empower Family Success Center's office building



To sign-up, please call: (908) 722-4400.

EmPOWER Family Success Center

34 W. Main St., Somerville, NJ, Suite 201
(908) 722-4400 • fsc@empowersomerset.com

Check out www.empowerfsc.com for more information and like us on Facebook: www.facebook.com/EmpowerFSC