



December 2015

For Kids & Teens



Winter Holiday Free Family Fun Night Special guest: Santa Claus!

Come and celebrate the holidays early with the EmPOWER Family Success Center. It will feature cookies & cocoa, winter crafts, raffle prizes, and photos with the one & only Santa Claus! Bring the whole family to this FREE winter holiday event in your most festive holiday-wear!

**Thursday December 10th
6:00 pm – 8:00 pm**

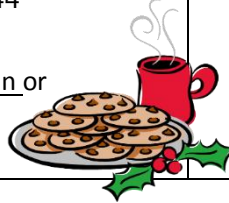
Hillsborough Township Municipal Building.

379 S Branch Rd,
Hillsborough Township, NJ, 08844

Register now:

Online at www.tinyurl.com/FreeNJfun or

Call us at (908) 722-4400



Family Support Organization's Co-Ed Youth Partnership

Have fun, make new friends and improve your community
Youth partnership events provide social, recreational and community service events for boys and girls, ages 13-21.

**Friday, December 4th at
6:00 pm -8:00 pm
EmPOWER FSC**

Call in advance to register at (908) 223-1191

For Parents



Women's Wellness Support Group

Connect with other new mothers. Share your concerns, challenges and experiences; discuss your adjustment to motherhood and practical concerns of parenting.

**Every Thursday
11:00 am- 12:00 pm at
EmPOWER FSC**

Family Support Organization presents

Bully Prevention Strategies

This presentation will discuss importance to know ways to prevent and respond to bullying in school and what schools are required to do under the law creating a positive environment for ALL students.

**Tuesday, December 15th
6:00 pm-8:00 pm at
EmPower FSC**

To register, call:
(908) 223-1191

Family Support Organization's Proactive Parenting

Learn proactive skills, support and share your story with similar parents and caregivers looking to strengthen their families.

**Wednesday, December 2nd
7:00 pm – 9:00 pm at
EmPOWER Somerset
34 W. Main St., Suite 307,
Somerville, NJ**

To register, call:
(908) 223-1191





December 2015



Life Skills Programs

English for Speakers of Other Languages (ESOL)

Hunterdon County Education Service helps individuals learn how to speak and write in English.

**Mondays and Wednesdays
7:00 pm- 9:00 pm at
EmPOWER FSC**

To register for Spring session, Please contact Fran Leddy at 908-237-5000 or email fleddy@hcesc.com

Talent Development Group

Looking to enhance your talents in today's competitive job market? Join this job seekers group and strengthen your skills through resume reviews, discussions and mock interviews.

**Mondays
2:00 pm-4:00 pm at
EmPOWER FSC**



Citizenship Preparation Class

Classes are available to prepare for the citizenship test on

**Mondays
10:00 am -1:00 pm at
EmPOWER FSC**

There is a one-time registration fee of \$25. Book will be provided.

For more information or assistance please call: (732) 777 - 1940 ext. 1153



Looking for a Job?

Check our Job Posting Webpage!



Go to www.empowerfsc.com, click on link **Get Involved** in the main menu. Click on **Job/training opportunities** and check the listings sourced by various community partner organizations and businesses.



Healthy Living



EmPOWER Walking Club

Do you feel like you're not exercising enough? Join our walking group!

If weather permits, we meet Mondays in front of Somerville Senior Center and Wednesdays and Fridays in front of Empower Family Success Center's office building from 12:30 pm-1:00 pm

EmPOWER Family Success Center

34 W. Main St., Somerville, NJ, 08876 • Suite 201
(908) 722-4400 • fsc@empowersomerset.com

Check out www.empowerfsc.com for more information and like us on Facebook: www.facebook.com/EmpowerFSC