

# THE GAME PLAN

Thursday Jan. 16th, 6-8 P.M.

## FREE WINGS



## January 2014

**Address:** 34 W Main St., Suite 201  
Somerville, NJ 08876  
**Phone:** (908) 722-4400  
**Email:** [fsc@empowersomerset.com](mailto:fsc@empowersomerset.com)  
**Hours of Operation**  
Monday: 9:00am – 7:00pm  
Tuesday – Friday: 9:00am – 4:00pm

Like us on FACEBOOK! [www.facebook.com/EmpowerFSC](http://www.facebook.com/EmpowerFSC)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Check our website for more updates to the January calendar! <a href="http://www.empowerfsc.com">www.empowerfsc.com</a>			1 <i>Office Closed</i> New Year's Day 	2 9:30am – 10:30am Women's Wellness 12:15pm – 12:45pm "Walking Club"	3 5:30pm – 7:30pm Girls' Youth Partnership	4
5	6 10:00am – 1:00pm Citizenship Preparation Class 2:00pm – 4:00pm Talent Development Group	7 12:15pm – 12:45pm "Walking Club"	8 6:00pm – 9:00pm Citizenship Preparation Class 7:00pm – 9:00pm Proactive Parenting	9 9:30am – 10:30am Women's Wellness 12:15pm – 12:45pm "Walking Club"	10	11
12	13 2:00pm – 4:00pm Talent Development Group 7:00pm – 9:00pm ESL Class	13 12:15pm – 12:45pm "Walking Club" 7:00pm – 9:00pm ESL Class	15 6:00pm – 9:00pm Citizenship Preparation Class	16 9:30am – 10:30am Women's Wellness 12:15pm – 12:45pm "Walking Club" 6:00pm – 8:00pm <b>Family Fun Night: Movie Night!</b>	17	18
19	20 <i>Office Closed</i> Martin Luther King Day 	21 12:15pm – 12:45pm "Walking Club" 7:00pm – 9:00pm ESL Class	22	23 9:30am – 10:30am Women's Wellness 12:15pm – 12:45pm "Walking Club" 3:30pm – 5:00pm Rutgers YAB Mtg. 6:00pm – 7:30pm Youth Coalition Mtg. 7:00pm – 9:00pm ESL Class	24	25
26	27 10:00am – 1:00pm Citizenship Preparation Class 2:00pm – 4:00pm Talent Development Group 7:00pm – 9:00pm ESL Class	28 12:15pm – 12:45pm "Walking Club" 7:00pm – 9:00pm ESL Class	29 6:00pm – 9:00pm Citizenship Preparation Class	30 9:30am – 10:30am Women's Wellness 12:15pm – 12:45pm "Walking Club" 7:00pm – 9:00pm ESL Class	31	

The following FREE services are available to everyone: \*Parent-Child Activities \*Information and Referral Services \*Parent Education \*Economic Self-Reliance \*Family Goal Planning \*Information on Family Health \*Life Skills Training  
\*Housing Related Services