



# **Somerset County Childhood Disability Resource Guide**

**Guia de Recursos Para Niños  
Discapacitados Condado de Somerset**

[www.childhooddisability.com](http://www.childhooddisability.com)



# **Somerset County** Board of Chosen Freeholders

Freeholder Director **Robert Zaborowski**

Freeholder Deputy Director **Patricia L. Walsh**

**Peter S. Palmer**

**Jack M. Ciattarelli**

**Patrick Scaglione**

## *A Message from the Freeholder Director...*

Centrally located in New Jersey, Somerset County contains a diversity of landscape, population and development that make it a desirable place to live, work and play and, for those who so choose, raise a family.

One strong asset of our county is the successful, collaborative network of organizations providing social and mental health services. The Somerset County Childhood Disability Coalition, which has developed this resource guide, is a great example of this kind of collaboration.

Developmental disabilities, including Autism, affect more children in New Jersey than in any other state. In fact, Autism alone affects one in every 94 children in New Jersey, compared to the national average of one in every 110.

All parents want their children to reach their full potential. When faced with the task of raising a child with a disability, some parents may need support services.

When that is the case, it is critical that parents be able to easily access available services and programs. This Somerset County Childhood Disability Resource guide now provides access to one central source of information, both in print and on-line.

On behalf of the citizens of Somerset County and their Board of Chosen Freeholders, it is my pleasure to introduce this valuable resource.

*Jack M. Ciattarelli, Director*

*Somerset County Board of Chosen Freeholders*

[www.co.somerset.nj.us](http://www.co.somerset.nj.us)



# Condado de Somerset

## Miembros de Comité de Oficiales Gubernamentales

Freeholder Director **Robert Zaborowski**

Freeholder Deputy Director **Patricia L. Walsh**

**Peter S. Palmer**

**Jack M. Ciattarelli**

**Patrick Scaglione**

### *Un Mensaje del Director...*

Localizado centralmente en el estado de Nueva Jersey, el condado de Somerset contiene una diversidad en su paisaje, población, y desarrollo, que lo hace un lugar deseable para vivir, trabajar y jugar para los que escogen un lugar donde criar a su familia.

Un fuerte punto de nuestro condado es su exitoso y colaborativo red de organizaciones que proveen servicios de salud mental y social. El Comité de Niños Discapacitados del Condado de Somerset, quien desarrollo este guía, es un buen ejemplo de este tipo de colaboración.

Discapacidades de desarrollo, incluyendo el Autismo, afecta a más niños en Nueva Jersey que cualquier otro estado. El Autismo solo afecta a 1 en cada 94 niños en Nueva Jersey comparado con el número nacional de 1 en cada 110.

Todos los padres quieren que sus hijos alcancen lo mas que puedan. Cuando se enfrenta a criar un hijo con discapacidad, algunos padres necesitan servicios de soporte.

Cuando esto sucede, es importante que los padres tengan acceso a una forma de obtener estos servicios y programas. El Guía de Recursos de El Comité de Niños Discapacitados del Condado de Somerset Provee acceso central a todos los servicios aquí en este libro y electrónicamente.

De parte de los ciudadanos del condado de Somerset y del comité de oficiales gubernamentales del condado de Somerset, es mi placer introducir esta valiosa guía.

*Jack M. Ciattarelli, Director*

*Comité de Oficiales Gubernamentales Condado Somerset*

# Childhood Disability Coalition Co-Chairs

## Sharon Lutz, LSW, CPS

Executive Director, EmPoWER Somerset

## Mark Malone

Disability Services Coordinator, Somerset County Office  
on Aging and Disability Services

# Childhood Disability Coalition Members

## Comité Niños Discapacitados del Condado de Somerset

- Kathleen O'Brien, Administrator of Planning and Programs  
..... Somerset County Department of Human Services
- Pam Mastro, Mental Health Administrator  
..... Somerset County Department of Human Services
- Sarah Murchison, Human Services Coordinator  
..... Somerset County Department of Human Services
- Stephanie Bilenker..... Green Brook Township, Superintendent
- Brenda Esler ..... EmPoWER Somerset
- Anthony Ferrera..... Hillsborough Committeeman/OAR, Board of Directors
- Kristen Lakatos..... Special Child Health Services
- Kathy Jones ..... Division of Developmental Disabilities
- Kathie Krauth..... The Learning Gate
- Irene Lieberman ..... Planned Lifetime Assistance Network of NJ (Plan NJ)
- Diane Mari, Somerset County Supervisor of Child Study  
..... New Jersey Department of Education
- Ellen Nalven ..... Planned Lifetime Assistance Network of NJ (Plan NJ)
- Linda Newsome ..... Matheny Medical & Educational Center
- Lauren Panarella ..... The Arc of Somerset County
- Audrey Press ..... Manville School District
- Tina Rear..... Care to Share Support Network, Inc
- Michael Scherer ..... Division of Youth and Family Services
- Henry Sherren ..... Franklin Township
- Don Stephens..... United Cerebral Palsy
- Mary Thiele ..... Division of Youth and Family Services

## *A Message from the Co-Chair...*

My daughter, Marykate, was diagnosed with Rett Syndrome at the age of 18 months. As her Mom, I wanted to do everything I could to understand the disorder, which was then completely new to me, and to find out what help was available to our family. When she was first diagnosed, I didn't know where to go for information and needed to find out as much as I could immediately. I would spend hours looking for programs and services that would help her development, clicking on website after website and compiling my own list of resources. It was after this frustrating year-long struggle that I went to the Somerset County Department of Human Services who created the Somerset County Childhood Disability Coalition to develop this resource directory for all of us. Marykate is now five years old and doing very well. I can't thank the Board of Chosen Freeholders and the caring members of the Somerset County Childhood Disability Coalition enough for all of their time and expertise in creating this essential resource. The Coalition will continue to meet and move forward in providing services to the parents and children with disabilities in Somerset County. Please pass the information along to other families that can benefit from these services.

*Sharon Lutz, LSW, CPS*

*Co-Chair, Somerset County Childhood Disability Coalition  
Executive Director, EmPoWER Somerset*

## *Un Mensaje de la Co-Directora...*

Mi hija, Marykate, fue diagnosticada con Síndrome de Rett a los 18 meses. Como su Mama, quería hacer todo lo posible para entender este síndrome, que a ese entonces no entendía bien porque era completamente nuevo para mí, y también quería saber que había disponible para nuestra familia. Cuando fue primer diagnosticada, no sabía dónde acudir para información y necesitaba saber lo mas que pude inmediatamente. Estuve por muchas horas buscando programas y servicios que ayudarían su desarrollo, buscando página por página de internet y compilando mi propia lista de recursos. Fue después de este largo años que fui al Departamento de Servicios Humanos del Condado de Somerset, quien creó el El Comité de Niños Discapacitados del Condado de Somerset para crear este directorio para todos. Marykate ahora tiene cinco años y está mejor. No lo puedo dar las suficientes gracias a los miembros de Comité de Oficiales Gubernamentales del Condado Somerset y del Comité de Niños Discapacitados del Condado de Somerset por su tiempo y experiencia en crear este guía esencial. El comité continuará a proveer servicios a padres y niños con discapacidades en el condado de Somerset. Por favor comparta esta información con otras familias que pueden beneficiar de esta guía.

*Sharon Lutz, LSW, CPS*

*Co-Directora, Comité de Niños Discapacitados del Condado de Somerset  
Directora Ejecutiva, EmPoWER Somerset*

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[www.empowersomerset.com](http://www.empowersomerset.com)

If you would like to suggest any recommendations to this guide, please contact EmPOWER Somerset at (908)-722-4900 or [info@empowersomerset.com](mailto:info@empowersomerset.com)

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Si quiere sugerir cualquier sugerencia a esta guía, favor de contactar a EmPoWER Somerset at (908)-722-4900 or [info@empowersomerset.com](mailto:info@empowersomerset.com)

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# Disability Rights/Derechos de Discapacidad

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## **A Guide to Disability Rights Laws**

[www.ada.gov/cguide.htm](http://www.ada.gov/cguide.htm)

U.S. Department of Justice  
Civil Rights Division  
Disability Rights Section  
P.O. Box 66118  
Washington, DC 20530-6118  
Phone: 1-800-514-0301

## **ARC of NJ** (advocacy for disabled individuals)

[www.arcnj.org](http://www.arcnj.org)

985 Livingston Avenue  
North Brunswick, NJ 08902  
Phone: (732)-246-2525

## **Community Health Law Project**

[www.chlp.org](http://www.chlp.org)

185 Valley Street  
South Orange, NJ 07079  
Phone: (973)-275-1175

## **Legal Services of Northwest Jersey**

[www.lsnj.org/lsnwj/](http://www.lsnj.org/lsnwj/)

34 West Main Street, Suite 301  
Somerville, NJ 08876  
Phone: (908)-231-0840

## **Statewide Parent Advocacy Network (SPAN)**

[www.spannj.org](http://www.spannj.org)

35 Halsey St., Fourth Floor  
Newark, NJ 07102  
Phone: 1-800-654-SPAN



# Self Advocacy/Orientación Propia

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## **ARC of NJ** (advocacy for disabled individuals)

[www.arcnj.org](http://www.arcnj.org)

985 Livingston Avenue  
North Brunswick, NJ 08902  
Phone: (732)-246-2525

## **Disability Rights New Jersey (DRNJ)**

[www.drnj.org](http://www.drnj.org)

210 South Broad Street, 3rd Floor  
Trenton, NJ 08608  
Phone: (609)-292-9742 or 1-800-922-7233 in NJ Only

## **Partnerships for People, Inc.**

[www.partnershipsforpeople.org](http://www.partnershipsforpeople.org)

748 Morris-Essex Tpk., Suite 209  
Short Hills, NJ 07078  
Phone: (973)-467-9808

## **Sensory Processing Disorder Foundation**

[www.spdfoundation.net/advocacy.html](http://www.spdfoundation.net/advocacy.html)

5655 S. Yosemite St., Ste 305  
Greenwood Village, CO 80111  
Phone: (303)-794-1182

## **Statewide Parent Advocacy Network (SPAN)**

[www.spannj.org](http://www.spannj.org)

35 Halsey St., Fourth Floor  
Newark, NJ 07102  
Phone: 1-800-654-SPAN

## **The Autistic Self Advocacy Network**

[www.autisticadvocacy.org](http://www.autisticadvocacy.org)

1660 L St. NW, Suite 301  
Washington, DC 20036

## **The Learning Disability Self-Advocacy Manual**

[www.ldinfo.com/self\\_advocacy\\_manual.htm](http://www.ldinfo.com/self_advocacy_manual.htm)

# Support Groups/Grupos de Soporte

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## **Advancing Opportunities**

[www.advopps.org](http://www.advopps.org)

1005 Whitehead Road Ext., Suite 1

Ewing, NJ 08638

Phone: 1-888-322-1918

## **ARC of NJ** (advocacy for disabled individuals)

[www.arcnj.org](http://www.arcnj.org)

985 Livingston Avenue

North Brunswick, NJ 08902

Phone: (732)-246-2525

## **The ARC of Somerset County**

[www.thearcofsomerset.org/programs/family\\_support.html](http://www.thearcofsomerset.org/programs/family_support.html)

141 S. Main Street

Manville, NJ 08835-1803

Phone: (908)-725-8544

## **ASPEN (Asperger Syndrome Parents Education Network)**

[www.aspennj.org](http://www.aspennj.org)

9 Aspen Circle

Edison, NJ 08820

Phone: (732)-321-0880

## **Autism Speaks**

[www.autismspeaks.org](http://www.autismspeaks.org)

1060 State Road, 2nd Floor

Princeton, NJ 08540

Phone: (609)-228-7310

## **All Access Mental Health (AAMH)**

[www.aamh.org](http://www.aamh.org)

819 Alexander Road

Princeton, NJ 08540

Phone: (609)-452-2088

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## **Brain Injury Association of New Jersey, Inc.**

[www.bianj.org](http://www.bianj.org)

825 Georges Road, Second Floor  
North Brunswick, NJ 08902  
Phone: (732)-745-0200

## **Care To Share Network, Inc.**

[www.caretosharenj.com](http://www.caretosharenj.com)

520 Route 22 East, Third Floor  
Bridgewater, NJ 08807  
Phone: (908)-450-5691

## **Central NJ Down Syndrome Parent Advocacy Group**

[www.dsparentgroup.com/NJEarlyIntervention.aspx](http://www.dsparentgroup.com/NJEarlyIntervention.aspx)

Phone: (908)-756-6774 (Sandy)  
(908)-222-1281 (Janet)

## **Children and Adults with Attention Deficit/ Hyper Activity Disorder (CHADD)**

[www.chadd.org](http://www.chadd.org)

8181 Professional Place, Suite 150  
Landover, MD 20785  
Phone: (301)-306-7070

## **Down Syndrome Support Groups**

[www.spannj.org/START/find\\_support\\_groups.htm#somerset](http://www.spannj.org/START/find_support_groups.htm#somerset)

29 Halsey Street  
Newark, NJ 07102  
Phone: (973)-642-8100

# Support Groups/Grupos de Soporte

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## **Hope Autism Foundation**

[www.hopeautismfoundation.org](http://www.hopeautismfoundation.org)

5 Lyons Mall, Box 122  
Basking Ridge, NJ 07920  
Phone: (908)-580-0874

## **Internet Resource for Special Children (IRSC)**

[www.orsaminore.dreamhosters.com/handy/links/uk\\_various.html](http://www.orsaminore.dreamhosters.com/handy/links/uk_various.html)

## **Jewish Family Services**

[www.jewishfamilysvc.org/index.php](http://www.jewishfamilysvc.org/index.php)

150-A West High Street  
Somerville, NJ 08876  
Phone: (908)-725-7799

## **Monday Morning Project**

[www.njcdd.org/MondayMorning/mmhome.htm](http://www.njcdd.org/MondayMorning/mmhome.htm)

New Jersey Council on Developmental Disabilities  
P.O. Box 700  
Trenton, NJ 08625-0700  
Phone: 1-800-792-8858

## **Organization for Autism Research "OAR"**

[www.researchautism.org/resources/index.asp](http://www.researchautism.org/resources/index.asp)

2000 North 14th Street, Suite 710  
Arlington, VA 22201  
Phone: (703)-243-9710

## **P.A.C.T. (Chapter of Autism Society of America)**

[www.solvingthepuzzle.com](http://www.solvingthepuzzle.com)

Autism Society of America  
10 Shadow Oak Court  
Mount Laurel, NJ 08054  
Phone: (856)-722-8518

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## **St. Clare's of Boonton Support Groups**

[www.saintclares.org/support-group-information/](http://www.saintclares.org/support-group-information/)

130 Powerville Road

Boonton Township, NJ 07005

Phone: (973)-316-1800

## **The Family Support Center of New Jersey**

[www.fscnj.org/content/about/index.html](http://www.fscnj.org/content/about/index.html)

2516 Route 35

Manasquan, NJ 08736

Phone: (732)-528-8080 or 1-800-372-6510 in NJ only

## **The New Jersey Center for Outreach and Services for the Autism Community (COSAC)**

[www.autismnj.org](http://www.autismnj.org)

500 Horizon Dr., Suite 530

Robbinsville, NJ 08691

Phone: 1-800-4-AUTISM or (609)-588-8200

## **United Cerebral Palsy of Northern, Central and Southern New Jersey, Inc**

[www.ucpnscnj.org](http://www.ucpnscnj.org)

245 Main Street, Suite 113

Chester, NJ 07930

Phone: (908)-879-2243

[www.mychildwithoutlimits.org](http://www.mychildwithoutlimits.org)

# Education/Educación

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## **ASAP – A Step Ahead Program, LLC**

www.asaprogram.org  
411 King George Rd., Suite 207  
Basking Ridge, NJ 07920  
Phone: (908)-542-0002

## **Bonnie Brae School**

www.bonnie-brae.org  
P.O. Box 825  
Liberty Corner, NJ 07938  
Phone: (908)-647-0800

## **Department of Education – Listing of Public Schools in Somerset County:**

www.state.nj.us/education/counties/somerset.htm  
27 Warren St.  
Somerville, NJ 08876  
Phone: (908)-541-5700

## **Department of Health and Senior Services**

www.state.nj.us/health/  
P.O. Box 360  
Trenton, NJ 08625-0360  
Phone: (609)-292-7837 or 1-800-367-6543 in NJ only

## **East Mountain School**

http://carrierclinic.org/programs-eastmountainschool.php  
Carrier Clinic  
252 County Road 601  
Belle Mead, NJ 08502  
Phone: (908)-281-1415

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## **The Elizabeth M. Boggs Center on Developmental Disabilities**

[www.rwjms.umdj.edu/boggscenter/](http://www.rwjms.umdj.edu/boggscenter/)

335 George Street

P.O. Box 2688

New Brunswick, NJ 08903-2688

Phone: (732)-235-9300

## **Green Brook Academy**

[www.greenbrookacademy.org](http://www.greenbrookacademy.org)

P.O. Box 947

Bound Brook, NJ 08805-1829

Phone: (732)-469-8677

## **Listing of all Private Schools and Public Schools in Somerset County:**

[www.new-jersey.schooltree.org/Somerset-County-Schools.html](http://www.new-jersey.schooltree.org/Somerset-County-Schools.html)

## **Lord Stirling School**

[www.lordstirling.org](http://www.lordstirling.org)

99 Lord Stirling Road

Basking Ridge, NJ 07920-0369

Phone: (908)-766-1786

## **Matheny Medical and Educational Center**

[www.matheny.org](http://www.matheny.org)

65 Highland Ave.

Peapack, NJ 07977

Phone: (908)-234-0011

## **McAuley School for Exceptional Children**

[www.mcauleyschool.org](http://www.mcauleyschool.org)

107 Westervelt Ave.

North Plainfield, NJ 07060

Phone: (908)-754-4114

# Education/Educación

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## **Midland School**

[www.midlandschool.org](http://www.midlandschool.org)

The Midland School  
94 Readington Road  
P.O. Box 5026  
North Branch, New Jersey 08876  
Phone: (908)-722-8222

## **Morris-Union Jointure Commission Developmental Learning Center—Warren**

[www.mujc.org/schools\\_warren.html](http://www.mujc.org/schools_warren.html)

217 Mountainview Rd.  
Warren, NJ 07059  
Phone: (908)-762-5600

## **New Road School of Somerset**

[www.newroadschool.com](http://www.newroadschool.com)

2200 Cottontail Lane  
Somerset, NJ 08873  
Phone: (732)-422-7900

## **Somerset County Library System**

[www.somerset.lib.nj.us](http://www.somerset.lib.nj.us)

Bridgewater Library—Headquarters  
1 Vogt Dr.  
Bridgewater, NJ 08807  
Phone: (908)-526-4016

## **Somerset Hills Learning Institute**

[www.somerset-hills.org](http://www.somerset-hills.org)

1810 Burnt Mills Road  
Bedminster, NJ 07921  
Phone: (908)-719-6400



# **Somerset County Services/ Servicios del Condado de Somerset**

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## **The Arc of Somerset County**

[www.thearcofsomerset.org](http://www.thearcofsomerset.org)

The ARC of Somerset County  
141 S. Main Street  
Manville, NJ 08835-1803  
Phone: (908)-725-8544

## **EmPoWER Somerset**

[www.empowersomerset.com](http://www.empowersomerset.com)

34 West Main St.  
Somerville, NJ 08876  
Phone: (908)-722-4900

## **Red Cross Medical Transportation Service**

[www.greatersomerset.redcross.org/transportation.html](http://www.greatersomerset.redcross.org/transportation.html)

14 West Cliff Street  
Somerville, NJ 08876  
Phone: (908)-725-2217  
After Hours Emergency Assistance: 1-800-696-3873

## **Somerset County Board of Social Services Medical Transportation**

[www.socialservices.co.somerset.nj.us/transportation.htm](http://www.socialservices.co.somerset.nj.us/transportation.htm)

73 East High Street  
Somerville, NJ 08876-0936  
Phone: (908)-526-8800

## **Somerset County Department of Human Services**

[www.co.somerset.nj.us](http://www.co.somerset.nj.us)  
[www.co.somerset.nj.us/disabled/index.html](http://www.co.somerset.nj.us/disabled/index.html)

P.O. Box 3000  
20 Grove Street  
Somerville, NJ 08876-1262  
Phone: (908)-231-7000

# Somerset County Services/ Servicios del Condado de Somerset

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## Somerset County Department of Human Services (cont'd)

### **Office on Aging and Disability Services**

[www.co.somerset.nj.us/hservices/aging/disabledoffice.html](http://www.co.somerset.nj.us/hservices/aging/disabledoffice.html)

Division of Human Services, Office for the Disabled, First Floor  
27 Warren Street,  
Somerville, NJ 08876  
Phone: (908)-704-6334

### **Office of Disability Services Resource Guide – 2011-2012 Edition**

[www.co.somerset.nj.us/disabled/pdf/SCresourceguide.pdf](http://www.co.somerset.nj.us/disabled/pdf/SCresourceguide.pdf)

### **Office of Youth Services**

[www.co.somerset.nj.us/hservices/youthservices/](http://www.co.somerset.nj.us/hservices/youthservices/)

Office of Youth Services  
27 Warren St., Second Floor  
Somerville, NJ 08876  
Phone: (908)-704-6313

### **Mental Health Resources**

[www.co.somerset.nj.us/hservices/hsdept/Mental%20Health%20-%20Resource%20Guide.pdf](http://www.co.somerset.nj.us/hservices/hsdept/Mental%20Health%20-%20Resource%20Guide.pdf)

Division of Human Services  
27 Warren Street, Third Floor  
Somerville, NJ 08876  
Phone: (908)-704-6300

### **Personal Assistance Service Program (PASP)**

[www.co.somerset.nj.us/hservices/aging/PASP.html](http://www.co.somerset.nj.us/hservices/aging/PASP.html)

Division of Human Services  
27 Warren Street, Third Floor  
Somerville, NJ 08876  
Phone: (908)-704-6300

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## **Somerset County Library System**

[www.somerset.lib.nj.us](http://www.somerset.lib.nj.us)

Bridgewater Library–Headquarters

1 Vogt Dr.

Bridgewater, NJ 08807

Phone: (908)-526-4016

## **Somerset County Special Child Health Services— Department of Health and Senior Services**

[www.state.nj.us/health/](http://www.state.nj.us/health/)

P.O. Box 360

Trenton, NJ 08625-0360

Phone: (609)-292-7837 or 1-800-367-6543 in NJ only

## **Somerset County Special Child Health Services— Case Management Unit**

[cmuschs@optonline.net](mailto:cmuschs@optonline.net)

377 Union Ave.

Bridgewater, NJ 08807

Phone: (908)-725-2366

## **Somerset Handicapped Children’s Treatment Center**

[www.somersetchildrenstreatmentcenter.com](http://www.somersetchildrenstreatmentcenter.com)

377 Union Ave.

Bridgewater, NJ 08807

Phone: (908)-725-2366

## **Somerset County Early Intervention Program**

313 South Ave., Suite 102

Fanwood, NJ 07023

Phone: (908) 889-0950

Statewide Referral Number: 1-888-NJEI-INFO

# Statewide Services/Servicios Estatales

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## **Advancing Opportunities**

[www.advopps.org](http://www.advopps.org)

1005 Whitehead Road Ext., Suite 1  
Ewing, NJ 08638

## **Alliance for Disabled in Action, Center for Independent Living (CIL):**

[www.volunteer.united-e-way.org/somerset/org/6870676.html](http://www.volunteer.united-e-way.org/somerset/org/6870676.html)

629 Amboy Avenue, Lower Level Suite  
Edison, NJ 08837

## **Alliance for the Betterment of Citizens with Disabilities (ABCD)**

[www.abcdnj.org](http://www.abcdnj.org)

127 US Highway 206, Suite 18  
Hamilton, NJ 08610  
Phone: (609)-581-8375

## **The American Association of People with Disabilities (AAPD)**

[www.aapd-dc.org](http://www.aapd-dc.org)

1629 K Street NW, Suite 950  
Washington, DC 20006  
Phone: (202)-457-0046 (V/TTY)  
Toll-free: 1-800-840-8844 (V/TTY)

## **ARC of New Jersey**

[www.arcnj.org](http://www.arcnj.org)

985 Livingston Avenue  
North Brunswick, NJ 08902  
Phone: (732)-246-2525

## **Autism Family Services of New Jersey**

[www.autismfamilyservicesnj.com](http://www.autismfamilyservicesnj.com)

1 AAA Drive, Suite 203  
Trenton, NJ 08691  
Phone: 1-877-237-4477 or (609)-392-4900

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## **Autism New Jersey, Inc.**

[www.njcosac.org](http://www.njcosac.org)

500 Horizon Dr., Suite 530

Robbinsville, NJ 08691

Phone: 1-800-4-AUTISM or (609)-392-4900 in NJ only

## **Brain Injury Association of New Jersey (BIANJ)**

[www.bianj.org](http://www.bianj.org)

825 Georges Road, Second Floor

North Brunswick, NJ 08902

Main Phone Number: (732)-745-0200

Family Helpline: 1-800-669-4323 (Toll-Free in NJ)

## **Department of Health and Senior Services**

[www.state.nj.us/health/](http://www.state.nj.us/health/)

P.O. Box 360

Trenton, NJ 08625-0360

Phone: (609)-292-7837

Toll-free in NJ: 1-800-367-6543

## **Disability Rights New Jersey**

[www.drnj.org](http://www.drnj.org)

210 South Broad Street, 3rd Floor

Trenton, NJ 08608

Phone: (609)-292-9742 or 1-800-922-7233 in NJ Only

# Statewide Services/Servicios Estatales

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## **Family Support Center of New Jersey**

[www.fscnj.org](http://www.fscnj.org)

2516 Route 35

Manasquan, NJ 08736

Phone: (732)-528-8080 or 1-800-372-6510 in NJ only

## **Learning Disability Association of NJ (LDA)**

[www.ldanatl.org](http://www.ldanatl.org)

LDA of New Jersey

P.O. Box 492

Towaco, NJ 07082

Phone: (973)-265-4303

## **New Jersey Council on Developmental Disabilities (NJCDD)**

[www.njddc.org](http://www.njddc.org)

P.O. Box 700

Trenton, NJ 08625-0700

Phone: 1-800-792-8858

## **New Jersey Statewide Independent Living Council**

[www.njsilc.org](http://www.njsilc.org)

Lower Level Suite

629 Amboy Avenue

Edison, NJ 08837

Phone: (732)-738-4388

## **New Jersey Rett Syndrome Association**

[www.njrsta.org](http://www.njrsta.org)

417 Brickyard Road

Freehold, NJ 07728

Phone: 1-866-601-0100

## **New Jersey Department of Education (DOE)**

[www.state.nj.us/education/](http://www.state.nj.us/education/)

P.O. Box 500

Trenton, NJ 08625-0500

Phone: (609)-292-4469 or 1-877-900-6960

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## **Planned Lifetime Assistance Network of NJ, Inc.**

[www.PlanNJ.org](http://www.PlanNJ.org)

P.O. Box 547

Somerville, NJ 08876-0547

Phone: (908)-575-8300

## **Spina Bifida Resource Network**

[www.thesbrn.org](http://www.thesbrn.org)

84 Park Avenue, Suite G-106

Flemington, NJ 08822

Phone: (908)-782-7475

## **Statewide Parent Advocacy Network (SPAN)**

[www.spannj.org](http://www.spannj.org)

35 Halsey St., Fourth Floor

Newark, NJ 07102

Phone: (973)-642-8100

Toll-free: 1-800-654-SPAN

## **State Department of Children and Families**

[www.state.nj.us/dcf/](http://www.state.nj.us/dcf/)

20 West State St., 4th Floor

P.O. Box 729

Trenton, NJ 08625-0729

Phone: 1-800-331-DYFS

### **Division of Child Behavioral Health Services**

[www.state.nj.us/dcf/behavioral/](http://www.state.nj.us/dcf/behavioral/)

Phone: 1-877-652-7624

### **Division of Youth and Family Services**

[www.state.nj.us/humanservices/dyfs/index.html](http://www.state.nj.us/humanservices/dyfs/index.html)

Phone: 1-800-392-2734

## **State of New Jersey Department of Human Services**

[www.state.nj.us/humanservices/](http://www.state.nj.us/humanservices/)

Phone: 1-877-DHS-LINE (347-5463)

# Statewide Services/Servicios Estatales

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## State of New Jersey Department of Human Services (cont'd)

### **About People with Disabilities**

[www.state.nj.us/humanservices/clients/disability/goodneighbors/about\\_disabilities.html](http://www.state.nj.us/humanservices/clients/disability/goodneighbors/about_disabilities.html)

### **About New Jersey's Department of Human Services**

[www.state.nj.us/humanservices/clients/disability/goodneighbors/about\\_dhs.html](http://www.state.nj.us/humanservices/clients/disability/goodneighbors/about_dhs.html)

### **Good Neighbors (Community Living for People with Disabilities)**

[www.state.nj.us/humanservices/clients/disability/goodneighbors/](http://www.state.nj.us/humanservices/clients/disability/goodneighbors/)

### **Catastrophic Illness in Children Relief Fund Commission**

[www.state.nj.us/humanservices/cicrf/home/index.html](http://www.state.nj.us/humanservices/cicrf/home/index.html)

New Jersey Department of Human Services

P.O. Box 728

Trenton, NJ 08625-0728

Phone: (609)-292-0600

Family Information Line: 1-800-335-FUND (3863)

### **Commission For the Blind and Visually Impaired**

[www.state.nj.us/humanservices/cbvi/home/index.html](http://www.state.nj.us/humanservices/cbvi/home/index.html)

### **Division of the Deaf and Hard of Hearing**

[www.state.nj.us/humanservices/ddhh/home/index.htm](http://www.state.nj.us/humanservices/ddhh/home/index.htm)

Phone: (609)-984-7281 V/TTY

Toll-free: 1-800-792-8339 V/TTY toll free in New Jersey

1-866-771-7947 VP (Video Phone)

### **Division of Disability Services (DDS)**

[www.state.nj.us/humanservices/dds/home/index.html](http://www.state.nj.us/humanservices/dds/home/index.html)

New Jersey Department of Human Services

Division of Disability Services

P.O. Box 700

222 South Warren Street

Trenton, NJ 08625-0700

Phone: 1-888-285-3036

TDD: (609)-292-1210



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## **Division of Developmental Disabilities**

Home: [www.state.nj.us/humanservices/ddd/home/index.html](http://www.state.nj.us/humanservices/ddd/home/index.html)

Services and Supports: [www.state.nj.us/humanservices/ddd/services/index.html](http://www.state.nj.us/humanservices/ddd/services/index.html)

P.O. Box 726

Trenton, NJ 08625-0726

Phone: 1-800-832-9173

## **Division of Mental Health Services**

[www.state.nj.us/humanservices/dmhs/index.html](http://www.state.nj.us/humanservices/dmhs/index.html)

Division of Mental Health Services

P.O. Box 727

Trenton, NJ 08625-0727

Toll-free: 1-800-382-6717

## **State of New Jersey Department of Health and Senior Services—Special Child Health Services**

[www.state.nj.us/health/fhs/sch/index.shtml](http://www.state.nj.us/health/fhs/sch/index.shtml)

Department of Health and Senior Services

P.O. Box 360

Trenton, NJ 08625-0360

Phone: (609)-292-7837

Toll-free in NJ: 1-800-367-6543

## **Early Intervention System**

[www.state.nj.us/health/fhs/eis/index.shtml](http://www.state.nj.us/health/fhs/eis/index.shtml)

## **Case Management/Care Units**

[www.state.nj.us/health/fhs/sch/sccase.shtml](http://www.state.nj.us/health/fhs/sch/sccase.shtml)

## **Services and Resources for Specific Condition**

[www.state.nj.us/health/fhs/sch/services.shtml](http://www.state.nj.us/health/fhs/sch/services.shtml)

## **Catastrophic Illness in Children Relief Fund Commission Home**

[www.state.nj.us/humanservices/cicrf/home/index.html](http://www.state.nj.us/humanservices/cicrf/home/index.html)

New Jersey Department of Human Services

P.O. Box 728

Trenton, NJ 08625-0728

Phone: (609)-292-0600

# **New Jersey Transportation/ Transportación de Nueva Jersey**

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## **NJ Council on Special Transportation Services (NJCOST)**

[www.njcost.com](http://www.njcost.com)

P.O. Box 184

Manville, NJ 08835

## **NJ Transit-Office of Special Services**

[www.njtransit.state.nj.us](http://www.njtransit.state.nj.us)

Phone: (973)-275-5555

## **NJ Travel Independence Program TIP**

[www.culturalaccessnetwork.org/files/CAN\\_Spring\\_2006.pdf](http://www.culturalaccessnetwork.org/files/CAN_Spring_2006.pdf)

## **Somerset County Bus and Train Information**

[www.ridewise.org](http://www.ridewise.org)

Phone: (908)-704-1011

# **Camps/Recreation & Events/ Campamentos/Eventos & Recreación**

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## **ARC of Somerset – Camp Jotoni**

[www.thearcofsomerset.org/programs/camp\\_jotoni/index.html](http://www.thearcofsomerset.org/programs/camp_jotoni/index.html)

141 South Main Street  
Manville, NJ 08835  
Phone: (908)-725-8544

## **Bernards Township Parks and Recreation Department**

[www.bernards.org/Departments\\_Services/Parks\\_Recreation/default.aspx](http://www.bernards.org/Departments_Services/Parks_Recreation/default.aspx)

Municipal Building  
1 Collyer Lane  
Basking Ridge, NJ 07920  
Phone: (908)-204-3003

## **Easter Seals – Camp Merry Heart**

[www.nj.easterseals.com](http://www.nj.easterseals.com)

25 Kennedy Blvd., Suite 600  
East Brunswick, NJ 08816  
Phone: (732)-257-6662 or (908)-852-3896

## **Franklin Township Department of Recreation:**

[www.franklintwpnj.org/dept\\_recreation1.html](http://www.franklintwpnj.org/dept_recreation1.html)

505 DeMott Lane  
Somerset, NJ 08873  
Phone: (732)-873-1991

## **Hillsborough Parks and Recreation:**

[www.hillsborough-nj.org/Cit-e-Access/  
webpage.cfm?TID=45&TPID=6339](http://www.hillsborough-nj.org/Cit-e-Access/webpage.cfm?TID=45&TPID=6339)

Municipal Complex  
379 South Branch Road  
Hillsborough, NJ 08844  
Phone: (908)-369-4832

## **New Jersey Elks Camp Moore**

[www.njelks.org](http://www.njelks.org)

Phone: (732)-326-1300

# **Camps/Recreation & Events/ Campamentos/Eventos & Recreación**

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## **Somerset County Library System**

[www.somerset.lib.nj.us](http://www.somerset.lib.nj.us)

Bridgewater Library-Headquarters  
1 Vogt Dr., Bridgewater, NJ 08807  
Phone: (908)-526-4016

## **Somerset County Park Commission Therapeutic Recreation Department**

[www.somersetcountyparks.org](http://www.somersetcountyparks.org)

Phone: (908)-526-5650

## **Somerset Hills Handicapped Riding Center (SHHRC)**

[www.shhrc.org](http://www.shhrc.org)

P.O. Box 305  
83 Old Turnpike Road  
Oldwick, NJ 08858  
Phone: (908)-439-9636

## **Somerset Hills YMCA**

[www.somersethillsymca.org](http://www.somersethillsymca.org)

140 Mt. Airy Rd.  
Basking Ridge, NJ 07920  
Phone: (908)-766-7898

## **Somerset Patriots Baseball Club**

[www.somersetpatriots.com](http://www.somersetpatriots.com)

1 Patriots Park, Bridgewater, NJ 08807  
Phone: (908)-252-0700

## **Special Olympics of New Jersey**

[www.sonj.org](http://www.sonj.org)

3 Princess Road, Lawrenceville, NJ 08648  
Phone: (609)-896-8000

## **Spirit Filled Riders**

[www.spiritfilledriders.org](http://www.spiritfilledriders.org)

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## **SWIM, Inc. (Specialized Water Interest Movement)**

[www.swim-inc.org](http://www.swim-inc.org)

The PeopleCare Center  
120 Finderne Avenue, Suite 206  
Bridgewater, NJ 08807  
Phone: (908) 685-0040

## **Tri-State Wheelchair Games**

[www.tswaa.com](http://www.tswaa.com)

## **Local Recreation Departments**

<b>Bedminster</b>	(908)-212-7000
<b>Bernardsville</b>	(908)-766-2546
<b>Bernards Twp.</b>	(908)-204-3003
<b>Bound Brook</b>	(732)-469-0877
<b>Branchburg</b>	(908)-526-1300, ext. 187
<b>Bridgewater</b>	(908)-725-6373
<b>Franklin Twp.</b>	(732)-873-1991
<b>Green Brook</b>	(732)-968-1023, ext. 8
<b>Hillsborough</b>	(908)-369-4313
<b>Manville</b>	(908)-725-9478
<b>Millstone</b>	(732)-917-2954
<b>Montgomery</b>	(609)-466-3023
<b>No. Plainfield</b>	(908)-756-0247, prompt 2
<b>Peapack Gladstone</b>	(908)-234-2535
<b>Raritan</b>	(908)-725-9411
<b>Rocky Hill</b>	(908)-924-7445
<b>Somerville</b>	(908)-704-6985
<b>So. Bound Brook</b>	(732)-356-0258, ext 37
<b>Warren</b>	(908)-753-8000, ext. 270
<b>Watchung</b>	(908)-756-0080, ext. 210

# Media & News/Media & Noticias

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## **Able Newspaper**

[www.ablenews.com](http://www.ablenews.com)

P.O. Box 395

Old Bethpage, NY 11804

Phone: (516)-939-2253 or (718)-792-3533

## **Abilities Buzz**

[www.abilitiesexpo.com/buzz.html](http://www.abilitiesexpo.com/buzz.html)

## **Access Living Magazine**

[www.activelivingmagazine.com](http://www.activelivingmagazine.com)

Disability Today Publishing

P.O. Box 2660

Niagara Falls, NY 14302

Phone: (905)-957-6016

## **Cerebral Palsy Magazine**

[www.cerebralpalsymagazine.com](http://www.cerebralpalsymagazine.com)

P.O. Box 7005

Bloomfield Hills, MI 48302

Phone: (248)-706-1308

## **Council for Exceptional Children**

[www.cec.sped.org/AM/Template.cfm?Section=Home](http://www.cec.sped.org/AM/Template.cfm?Section=Home)

2900 Crystal Drive, Suite 1000

Arlington, VA 22202-3557

Phone: 1-888-232-7733

## **The Courier News**

[www.mycentraljersey.com](http://www.mycentraljersey.com)

92 East Main St., Suite 202

Somerville, NJ 08876

(908)-243-6600

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## **Disability Scoop**

[www.disabilityscoop.com](http://www.disabilityscoop.com)

## **Disability Product Postcard**

[www.disabilitypostcards.com](http://www.disabilitypostcards.com)

No Limits Communications, Inc.

P.O. Box 220

Hersham, PA 19044

Phone: (215)-675-9133

## **Disabled Dealer Magazine (Mid-Atlantic Region)**

[www.dadealer.com](http://www.dadealer.com)

AVM Publishing, LLC

6475 Ruch Lane

Bethlehem, PA 18017-9354

Phone: 1-888-651-0666

## **NJ Council on Developmental Disabilities**

[www.njddc.org](http://www.njddc.org)

P.O. Box 700

Trenton, NJ 08625-0700

Phone: 1-800-792-8858

# Transition Services/Servicios de Transición

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## **Daycare—Jerry Davis Early Childhood Center**

[www.thearcofsomerset.org/programs/index.html](http://www.thearcofsomerset.org/programs/index.html)

141 South Main Street

Manville, NJ 08835

Phone: (908)-725-8544

## **Day Services**

### **Somerset County New Jersey Office For The Disabled Resource Website: Home Health, Respite & Adult Care**

[www.co.somerset.nj.us/disabled/index.html](http://www.co.somerset.nj.us/disabled/index.html)

Phone: (908)-704-6334

### **Somerset County Board of Social Services Home Health Aide Services**

[www.socialservices.co.somerset.nj.us.html](http://www.socialservices.co.somerset.nj.us.html)

73 West High Street

Somerville, NJ 08876

Phone: (908)-526-8800

### **Division of Developmental Disabilities**

[www.state.nj.us/humanservices/ddd/home/index.html](http://www.state.nj.us/humanservices/ddd/home/index.html)

P.O. Box 726

Trenton, NJ 08625-0726

Phone: 1-800-832-9173

### **Independent Living USA**

[www.ilusa.com](http://www.ilusa.com)

### **NJ Commission for the Blind and Visually Impaired**

[www.state.nj.us/humanservices/cbvi/index.html](http://www.state.nj.us/humanservices/cbvi/index.html)

Central Regional Office

1510 Hooper Avenue, Suite 240

Toms River, NJ 08753

Phone: (732)-255-0723



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## **Johnson Rehabilitation Institute**

[www.njrehab.org/vocrehab.htm](http://www.njrehab.org/vocrehab.htm)

65 James Street  
Edison, NJ 08818

## **Department of Health and Senior Services**

[www.state.nj.us/health/](http://www.state.nj.us/health/)

P.O. Box 360  
Trenton, NJ 08625-0360  
Phone: (609)-292-7837

## **Employment & Training**

### **Somerset County New Jersey Office for the Disabled Resource Website:**

[www.co.somerset.nj.us/disabled/#training](http://www.co.somerset.nj.us/disabled/#training)

Phone: (908)-704-6334

### **Somerset County One Stop Career Center**

<http://lwd.dol.state.nj.us/labor/wnpjpin/findjob/onestop/services.html>

75 Veterans Memorial Dr., Suite 102  
Somerville, NJ 08876-2950

### **Division of Vocational Rehabilitation Services**

[www.state.nj.us/labor/dvrs/vrsindex.html](http://www.state.nj.us/labor/dvrs/vrsindex.html)

P.O. Box 110  
1 John Fitch Plaza  
Trenton, NJ 08625-0110

### **Jewish Family Service**

[www.jewishfamilysvc.org](http://www.jewishfamilysvc.org)

150-A West High Street  
Somerville, NJ 08876  
Phone: (908)-725-7799

# Transition Services/Servicios de Transición

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## Employment & Training (cont'd)

### **ASAH**

www.asah.org  
2125 Route 33  
Lexington Square  
Hamilton Square, NJ 08690

### **NJ Commission for the Blind and Visually Impaired**

www.state.nj.us/humanservices/cbvi/home/html  
153 Halsey St., 6th Floor  
P.O. Box 47017  
Newark, NJ 07101-47017  
Phone: 1-877-685-8878

### **Workforce New Jersey Public Information Network**

[http://lwd.dol.state.nj.us/labor/wnjpin/wnjpin\\_index.html](http://lwd.dol.state.nj.us/labor/wnjpin/wnjpin_index.html)  
P.O. Box 110  
1 John Fitch Plaza  
Trenton, NJ 08625-0110

### **Ticket To Work Incentives**

www.yourtickettowork.com  
Phone: 1-866-833-2967

### **New Jersey WINS**

www.njwins.org  
Attn: Holly Stuart  
322 US Hwy 46 West, Suite 220  
Parsippany, NJ 07054  
Phone: (732)-262-8020

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## **Elizabeth M. Boggs Center on Developmental Disabilities**

[www.rwjms.umdj.edu/boggscenter/](http://www.rwjms.umdj.edu/boggscenter/)

University of Medicine and Dentistry of New Jersey

Robert Wood Johnson Medical School

Liberty Plaza, 335 George Street, Third Floor

New Brunswick, NJ 08903-2688

Phone: (732)-235-9300

## **New Jersey Department of Education (DOE)**

[www.state.nj.us/education/](http://www.state.nj.us/education/)

P.O. Box 500

Trenton, NJ 08625-0500

Phone: (877)-900-6960

## **Our House, Inc.**

[www.ourhousenj.org](http://www.ourhousenj.org)

76 Floral Avenue

Murray Hill, NJ 07974

Phone: (908)-464-8008

# Transition Services/Servicios de Transición

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## Post-secondary Education for Adults

### **Alliance Center for Independence**

[www.njsilc.org](http://www.njsilc.org)

629 Amboy Avenue, First Floor

Edison, NJ 08837

Phone: (732)-738-4388

### **Somerset County Vocational & Technical Schools**

[www.scvths.org](http://www.scvths.org)

14 Vogt Drive

Bridgewater, NJ 08807

Phone: (908)-526-8900

### **Raritan Valley Community College**

[www.raritanval.edu](http://www.raritanval.edu)

118 Lamington Road

Branchburg, NJ 08876

Phone: (908)-526-1200

### **Learning Resource Center**

Phone: (732)-274-5570 (732)-274-5583 TTY

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**Somerset County New Jersey Office for the Disabled –  
Education**

[www.co.somerset.nj.us/disabled/#education](http://www.co.somerset.nj.us/disabled/#education)

Phone: (908)-704-6334

**State of New Jersey Department of Education –  
Approved In-State Private Schools for the Disabled**

[www.state.nj.us/education/specialed/instate/instate.pdf](http://www.state.nj.us/education/specialed/instate/instate.pdf)

P.O. Box 500

Trenton, NJ 08625-0500

**Statewide Parent Advocacy Network (SPAN)**

[www.spannj.org](http://www.spannj.org)

35 Halsey Street, Fourth Floor

Newark, NJ 07102

Phone: 1-800-654-SPAN

# Transition Services

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The following expanded listing for Transition Services has been added to this guide in response to feedback from families. This section describes specific services for youth transitioning to adulthood at age 21.

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## **Allies, Inc.**

[www.alliesnj.org](http://www.alliesnj.org)

1262 Whitehorse-Hamilton Square Road, Building A, Suite 101

Hamilton, NJ 08690

Phone: (609)-689-0136

Allies provides transition services to students aged 14-21 who are making the move from high school to the workforce. Services include job development, job coaching, follow-along services, career exploration, and job sampling. They also offer follow-along and retraining services to keep skills up-to-date and relevant. For people who are Deaf or Hard of Hearing, there are Employment Specialists that are fluent in American Sign Language. The specialists not only assist the new employees, but also provide employers and coworkers with the resources to ease communication. Counselors walk students through the interview & hiring process and then provide on-site job coaching once they are hired.

Allies Employment Specialists coordinate any needed training for the positions, as well as attend any on-site orientation programs until the employees feel comfortable enough to work independently on the work site. They also offer an internship program, Career Gateway, that gives students the opportunity to participate in three different internships.

## **Geographical areas served:**

All of New Jersey.

## **Support offered:**

One on one job coaching, job sampling, interview skills, follow along services.

## **Also offered:**

Residential services, Recreational services, Programs on how to manage money.

# Servicios de Transición

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Lo siguiente a sido expandido a sugerencia de familias. Esta sección describe servicios específicos para jóvenes en transición de joven a adulto mayor de 21.

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## **Allies, Inc.**

[www.alliesnj.org](http://www.alliesnj.org)

1262 Whitehorse-Hamilton Square Road, Building A, Suite 101

Hamilton, NJ 08690

Teléfono: (609)-689-0136

Allies proporciona servicios de transición para estudiantes de 14-21 que están haciendo la transición de la escuela secundaria al trabajo. Los servicios incluyen el desarrollo de empleos, entrenamiento de trabajo, seguimiento a lo largo de los servicios, exploración de carreras, y muestreo de trabajo. También ofrecen seguimiento a lo largo y servicios de reentrenamiento para mantener sus habilidades actualizadas y relevantes. Para las personas que son Sordas o con problemas de audición, hay Especialistas de empleo que tienen fluidez en lenguaje de Señas Americano. Los especialistas no sólo ayudan a los nuevos empleados, sino también proporcionar a los empleadores y compañeros de trabajo con los recursos necesarios para facilitar la comunicación. Los consejeros acompañan a los estudiantes a través de la entrevista y proceso de contratación y, después, como entrenador en el lugar de trabajo una vez que son contratados.

Especialistas de Empleo aliados coordinan toda la formación necesaria para los puestos, así como asistir a programas de orientación en el lugar hasta que los empleados se sientan lo suficientemente cómodos para trabajar de forma independiente en el sitio de trabajo. También ofrecen un programa de pasantías, Career Gateway, que ofrece a los estudiantes la oportunidad de participar en tres prácticas diferentes.

## **Áreas geográficas servidas:**

Todos los condados de NJ.

## **Apoyo ofrecido:**

Entrenamiento personalizado, muestreo de trabajo, habilidades de entrevista, servicios de acompañamiento.

## **También ofrece:**

Servicios residenciales, servicios de recreo, programa para aprender a manejar el dinero.

# Transition Services

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## **Alliance Center for Independence**

*(Formerly Alliance for the Disabled in Action)*

[www.adacil.org](http://www.adacil.org)

629 Amboy Avenue, 1st Floor

Edison, NJ 08837

Phone: (732) 738-4388

The Alliance Center for Independence is a Center for Independent Living whose mission is to support and promote choice, self-direction, and independent living in the lives of people with disabilities, with the right of the individual to inclusion in the community as the primary goal. The Alliance is one of 13 Centers for Independent Living located throughout New Jersey.

### **Pre-requisite:**

None (No need to be DDD funded for assistance).

### **Geographical areas served:**

Somerset, Middlesex, Union Counties.

### **Support offered:**

Among some of our services include our four core area of:

Advocacy, Peer Support, Independent Living, Information and Referral.

### **Also offered:**

Transition for students ages 14 to 21, youth groups, advocacy groups, peer support group, theater group, volunteer opportunities, classes/workshops (nutrition, job readiness skills training, dating and relationships, health and wellness workshops), deaf and hard of hearing outreach, social/recreation events and disability awareness and sensitivity training, independent living skills, Traumatic Brain Injury Fund, NJ Transit Assessments and travel training.

### **Usual course of action:**

An individual and their family set up initial appointment. Depending on their need, staff will work with the individual or family to achieve the goal agreed upon. In some cases, consumers are referred to other agencies that are can provided specialized assistance.



# Servicios de Transición

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## **Alliance Center for Independence**

*(Previamente Alliance for the Disabled in Action)*

www.adacil.org

629 Amboy Avenue, 1st Floor

Edison, NJ 08837

Teléfono: (732) 738-4388

The Alliance Center for Independence es un centro para vida independiente cual misión es dar apoyo y promover decisiones, dirección propia, y independencia a las vidas de personas con discapacidades, con el derecho al individuo a inclusión en la comunidad como meta principal.

### **Pre-requisito:**

Ninguno (No es necesario tener aprobación de DDD).

### **Áreas geográficas servidas:**

Somerset, Middlesex, Union.

### **Apoyo ofrecido:**

Entre nuestro apoyo incluimos referir a otras agencias, información, apoyo entre contemporáneos, y asistencia con vivienda independiente.

### **También ofrece:**

Transición a estudiantes de edades 14-21, grupo de jóvenes, apoyo, grupo de teatro, oportunidades de voluntarismo, clases y talleres (relaciones, salud, nutrición entre otros), ayuda para personas con pérdida del oído, eventos de recreación y sociales, sensibilidad a discapacitados, herramientas para vida independiente, asistencia con uso de NJ Transit.

### **Curso habitual de acción:**

Individuos y su familia hacen una cita inicial. Dependiendo de la necesidad, el equipo de Alliance trabajara con el individuo y familia hasta que la meta propuesta es cumplida. En algunos casos, se refiere a otras agencias que pueden proveer asistencia especializada.

# Transition Services

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## The Arc of Somerset County

[www.thearcofsomerset.org](http://www.thearcofsomerset.org)

Branchburg Adult Training Center  
161 Industrial Parkway, Building C  
Branchburg, NJ 08876  
Phone: (908)-707-0606

The Arc of Somerset County provides a wide range of services for transition aged students. The ARC operates four facilities that provide center-based and community-based employment opportunities and training to individuals.

**Center-Based Vocational Assessment** – The four centers – located in Branchburg, Bridgewater, and (2) Hillsborough – provide “contract” hand based work. Tasks performed include product assembly, labeling, and packaging. Time studies determine the rate at which piecemeal work is paid. Most individuals bring lunch and nursing staff is available.

**Community-Based Vocational Assessment** – Time-limited opportunity for the student to participate in a non-paid community work experience. Students perform actual job functions and gain knowledge of their specific employment interest. Counselors at DVR evaluate interest and ability and try to match based on initial assessment. After DVR interview, ARC works with employers for individual placement.

### **Pre-requisite:**

Clients need to be DVR eligible for employment services and must meet with program staff to determine if ARC can meet the needs of the individual. A client does not have to be DDD eligible for employment services.

### **Geographical areas served:**

Somerset County.

### **Support offered:**

Resume assistance, interview skills, transportation.

### **Also offered:**

Summer camp, Developmental Daycare, Early Intervention Program, Respite services.

### **Usual course of action:**

Individuals contact ARC who then refers them to DVR for interview and individual placement plan. After DVR and approval, ARC works with employers for individual placement.

# Servicios de Transición

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## The Arc of Somerset County

[www.thearcofsomerset.org](http://www.thearcofsomerset.org)

Branchburg Adult Training Center  
161 Industrial Parkway, Building C  
Branchburg, NJ 08876  
Teléfono: (908)-707-0606

The Arc of Somerset County (ARC) proporciona una amplia gama de servicios para estudiantes en edad de transición. ARC cuenta con cuatro instalaciones que proporcionan oportunidades de empleo centralizado y basado en la comunidad y en la formación a individuos.

*Centro de Evaluación para la Formación Profesional* – Cuatro centros – situados en Branchburg, Bridgewater, y (2) en Hillsborough - proporcionan trabajo manual de “contrato”. Las tareas incluyen la elaboración del producto, etiquetado y embalaje. Estudios de tiempo determinan el índice al que el trabajo se paga. La mayoría de las personas llevan el almuerzo y el personal de enfermería está disponible.

*Evaluación Profesional En La Comunidad* – Oportunidad para que el estudiante participe en una experiencia de trabajo comunitario no remunerado. Los estudiantes realizan funciones reales de trabajo y adquieren conocimientos de sus intereses de empleo específicos. Consejeros en DVR evalúan el interés y la capacidad, tratan de coincidir con base en la evaluación inicial. Después de la entrevista del DVR, el ARC trabaja con los empleadores para la colocación del individuo.

### **Pre-requisito:**

Los clientes necesitan tener los requisitos para tener derecho a los servicios de empleo de DVR y debe reunirse con el personal del programa para determinar si ARC puede satisfacer las necesidades del individuo. Un cliente no tiene que ser DDD para ser elegible por los servicios de empleo.

### **Áreas geográficas servidas:**

Condado de Somerset.

### **Apoyo ofrecido:**

Asistencia con hoja de vida, ayuda de entrevistas, transportación.

### **Además ofrece:**

Campamento de verano, guardería, programa de intervención temprana, servicios de relevo.

### **Curso habitual de acción:**

Individuos contactan a ARC que luego los refiere al DVR para la entrevista y el plan de colocación individual. Después de DVR y aprobación, el ARC trabaja con los empleadores para la colocación individual.

# Transition Services

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## **Bethel Ridge**

[www.bethelridgenj.org](http://www.bethelridgenj.org)

P.O. Box 138

Basking Ridge, NJ 07920

Phone: (908)-221-0801

Bethel Ridge provides a full range of supported employment services and job sampling opportunities to high school students involved in transition programs. They offer pre-placement training, supervised training, job placement, and community-based employment to individuals 18 and over. Staff provide limited job coaching to students who are independent in a work environment to ensure ongoing success. They involve students in a variety of other learning experiences such as the development of independent living skills, participation in community integration activities and the engagement in lifelong recreation pursuits.

As part of its year round transitional services, Bethel Ridge staff become active participants in the development of transition plans at individualized education plan (IEP) meetings.

### **Geographical areas served:**

Somerset, Morris, Middlesex, and Union Counties.

### **Support offered:**

Individualized and person-centered vocational assessments, job shadowing and job sampling, one on one job coaching, ongoing and as-needed follow-up support.

### **Also offered:**

Recreational services, Educational services, Individual and Family Support, and Residential services.

# Servicios de Transición

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## **Bethel Ridge**

[www.bethelridgenj.org](http://www.bethelridgenj.org)

P.O. Box 138

Basking Ridge, NJ 07920

Teléfono: (908)-221-0801

Bethel Ridge ofrece una gama completa de servicios de empleo con apoyo y oportunidad de muestreo de trabajo a estudiantes de secundaria que participan en programas de transición. Ofrecen entrenamiento para la pre-colocación, entrenamiento supervisado, la inserción laboral y empleo comunitario a las personas de 18 años en adelante. El personal proporciona entrenamiento laboral limitado a los estudiantes que son independientes en un entorno de trabajo para asegurar el éxito continuo. Involucran a estudiantes en una variedad de otras experiencias de aprendizaje tales como el desarrollo de habilidades de vida independiente, participación en actividades de integración comunal y en el compromiso en la búsqueda de recreación para toda la vida.

Como parte de sus servicios durante todo el año de transición, el personal de Bethel Ridge se convierte en participantes activos en el desarrollo de planes de transición en el plan de reuniones de educación individualizada (IEP).

### **Áreas geográficas servidas:**

Somerset, Morris, Middlesex, y Union.

### **Apoyo ofrecido:**

Evaluaciones vocacionales individualizadas y centradas en la persona, observación de profesionales y de muestreo de trabajo, entrenamiento de trabajo, seguimiento y apoyo en curso según sea necesario.

### **También ofrece:**

Servicios de recreación, servicios educativos, apoyo individual y familiar, y servicios residenciales.

# Transition Services

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## **Bridges to Employment**

*A Division of Alternatives, Inc.*

[www.bridgestoemployment.com](http://www.bridgestoemployment.com)

[www.alternativesinc.org](http://www.alternativesinc.org)

600 First Ave

Raritan, NJ 08869

Phone: (908)-685-1444

Alternatives, Inc's Bridges to Employment's goal is to 'bridge the gap' to successful employment through School and Community Based Transition, Vocational Assessment, Career Exploration, Job Readiness, Job Placement, Job Coaching and Follow Along Services to individuals with a variety of skills and abilities.

Through its' Transition Services, "Bridges" works with the Child Study Team, student and family to prepare students for work after high school. Services are customized to fit in with the schools' existing curriculum while also individualizing services to meet the vocational needs of each individual student. Structured Learning Experiences are also available via Bridges' new store, "*It's All Good*", located in downtown Somerville. The store sells affordable 'New' and 'Almost New' clothing, jewelry & accessories for women, men & children. The mission is to provide real job experience and training to job seekers as well as striving to improve the skills of the workforce and help job seekers be prepared to meet their career goals.

### **Geographical areas served:**

Somerset, Hunterdon, Mercer, Middlesex Counties. Those with hearing loss are also served in Monmouth and Ocean Counties.

### **Transition services offered:**

Community Based Vocational Assessments, Job Preparation Classes, Job Retention Classes, Career Exploration, Structured Learning Experiences, Job Placement & Coaching.

### **Usual course of action:**

Students and/or their families are encouraged to go through their Child Study Team or Special Services office to access our services. Direct contact is accepted as well.

# Servicios de Transición

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## **Bridges to Employment**

*A Division of Alternatives, Inc.*

[www.bridgestoemployment.com](http://www.bridgestoemployment.com)

[www.alternativesinc.org](http://www.alternativesinc.org)

600 First Ave

Raritan, NJ 08869

Teléfono: (908)-685-1444

Puentes al Trabajo tiene como meta “ser puente” para un exitoso empleo a través de transición por medio de escuela y comunidad, asesoría vocacional, exploración de carreras, preparación para empleo, localización de empleo, y servicios de asistencia a individuos con variedad de habilidades y herramientas.

Por medio de Servicios de Transición se trabaja con el Equipo de la Escuela (Child Study Team) para preparar a los estudiantes a trabajar después de la escuela. El programa está diseñado para funcionar con el currículo actual de la escuela y las necesidades individuales del estudiante. Experiencias de Aprendizaje Estructurado están disponibles por medio de la tienda “It’s All Good”, situada en Somerville. La tienda vende ropa nueva y casi nueva, prendas y accesorios para mujeres, hombres y niños. La misión es proveer experiencia real y mejorar las herramientas de trabajo para ayudar a los individuos alcanzar sus metas.

### **Áreas geográficas servidas:**

Somerset, Hunterdon, Mercer, Middlesex. Monmouth y Ocean para individuos con problemas de oído.

### **Apoyo ofrecido:**

Trabajo vocacional en la comunidad, clases de preparación para empleo, clases de retención de trabajo, exploración de trabajos, entrenador de trabajo.

### **Curso habitual de acción:**

Estudiantes y su familia deben contactar a su equipo de escuela (Child Study Team) o oficina de servicios especial para acceso de nuestros servicios. También pueden contactar a la oficina directamente.

# Transition Services

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## **Cerebral Palsy Association of Middlesex County Work Activities Training Center**

[www.cpamc.org/day.htm](http://www.cpamc.org/day.htm)

10 Oak Drive

Edison, NJ 08837

Phone: (732)-819-0077

The Cerebral Palsy Association of Middlesex County provides comprehensive, multi-faceted programs of service to individuals with developmental and related disabilities. Three special needs Adult Training Centers offer an array of skills, including domestic training, arts, crafts, woodworking and horticulture.

*ATC Plus*, a traditional Adult Training Center provide a variety of vocational training opportunities through the use of contract work, simulated job sites and job training sessions.

The *Supported Employment Program* prepares persons for job opportunities with the philosophy of real jobs for real pay. Many clients are working in the community at a variety of jobs such as retail, food service, maintenance and office activities.

The *Multi-Sensory Interdisciplinary Program (MSI)* offers intensive stimulation activities to clients with severe cognitive deficits. Behavior modification enhances appropriate behaviors for self control and coping skills.

Options Day Programs are located in Port Reading, Piscataway and Toms River, NJ.

### **Geographical areas served:**

All counties in NJ except: Sussex, Salem, Cumberland, Atlantic, and Cape May.

### **Support offered :**

Job training sessions, Simulated job sites.

### **Also offered:**

Early Intervention Program, Day program, Residential services.



# Servicios de Transición

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## **Cerebral Palsy Association of Middlesex County Work Activities Training Center**

[www.cpamc.org/day.htm](http://www.cpamc.org/day.htm)

10 Oak Drive

Edison, NJ 08837

Teléfono: (732)-819-0077

La Asociación de Parálisis Cerebral del Condado de Middlesex ofrece programas integrales, de múltiples facetas de servicio para las personas con discapacidades de desarrollo y afines. Tres necesidades especiales que Centros de Formación para Adultos ofrecen en una variedad de habilidades, incluye la formación interna, las artes, artesanías, carpintería, horticultura y floricultura.

*ATC Plus*, un tradicional Centro de Formación de Adultos ofrece una variedad de oportunidades de formación profesional mediante el uso de contratos de trabajo, sitios de simulación de trabajo y sesiones de capacitación laboral.

*El Programa de Apoyo para Empleo* prepara personas para las oportunidades de empleo con la filosofía de puestos de trabajo reales con salarios reales. Muchos clientes están trabajando en la comunidad en una variedad de trabajos tales como el comercio minorista, servicios de comida, mantenimiento y actividades de la oficina.

*El Programa Multi-sensorial Interdisciplinario (MSI)* ofrece actividades intensivas en la estimulación a los clientes con graves déficits cognitivos. Modificación de la conducta aumenta las conductas apropiadas para el auto-control y habilidades de afrontamiento.

Estos programas (Options Day Programs) están ubicados en Port Reading, Piscataway y Toms River, Nueva Jersey.

### **Áreas geográficas servidas:**

Todos los condados en NJ, excepto: Sussex, Salem, Cumberland, Atlantic y Cape May.

### **Apoyo ofrecido:**

Sesiones de capacitación laboral, los sitios de trabajo simulado.

### **También ofrece:**

Programa de intervención temprana, programa diurno, servicios residenciales.

# Transition Services

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## **Community Options, Inc.**

[www.transitionschooltowork.org](http://www.transitionschooltowork.org)

16 Farber Road

Princeton, NJ 08540

Phone: (609)-951-9900

Community Options, Inc.'s S.T.E.P. Program (School To Employment Program) offers many volunteer and internship opportunities for students preparing to enter the world of work. Most students helped throughout high school and up until age 24, though exceptions made. Local businesses owned and operated by Community Options provide different environments for individuals to work such as the florist shop *Vaseful*, office concierge and copying service *Daily Plan It*, and gift shop, *Presents of Mind*. Other environments include local hospitals, libraries, and nursing homes.

### **Pre-requisite:**

Individuals must be enrolled in a special education program (while in school) and/or be eligible for a Individualized Education Plan (IEP) for ages 3-21 or Individualized Habilitation Plan (IHP) for 21 years of age +. Individuals should have independent toileting and feeding skills as well as ability to communicate their basic needs (American Sign Language, Interpreter Assistance, Alternative Communication Device(s)). Individuals must be able to clear any and all background checks, and possess all immunization records, along with participating in Tuberculosis testing (for those on site at the hospital).

### **Geographical areas served:**

Princeton/Lawrenceville/Hamilton neighboring areas, New Brunswick and Franklin. Also working in Pennsylvania, Connecticut, among others.

### **Support offered:**

Job coach is available for every 2-3 students, resume writing, interview skills, transportation skills, career planning, and negotiating.

### **Also offered:**

Adult Day Programs, Group Homes, Advocacy.

### **Usual course of action:**

Student in 10/11 grade have school district contact Community Options, Inc. The school district works with C.O. to establish a plan. Internship runs with the school calendar, though if DDD funded, an extended summer program is available.

# Servicios de Transición

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## **Community Options, Inc.**

[www.transitionschooltowork.org](http://www.transitionschooltowork.org)

16 Farber Road

Princeton, NJ 08540

Teléfono: (609)-951-9900

Community Options, Inc.'s programa de S.T.E.P. ofrece muchas maneras de voluntariado y oportunidad de pacentias para estudiantes preparándose para entrar al mundo de trabajado. La mayoría de estudiantes se les ayuda desde la secundaria hasta los 24 anos, aunque ahí excepciones. Negocios locales son operados por Community Options y provee diferentes medio ambientes para los individuos como una floristería *Vaseful*, servicio de copias y oficina *Daily Plan It*, y tienda de regalos, *Presents of Mind*. Otros medio de ambiente incluye hospitales, librerías, y hogares de personas de edad.

### **Pre-requisito:**

Individuos deben de estar en un programa de educación especial y tener un plan independiente (IEP) para edades 3-21 o plan de rehabilitación individualizada (IHP) de edades 21+. También deben de saber usar el baño, y comunicarse según sus necesidades (Lengua de Señas, Asistencia de Interprete, Comunicación Alterna. Individuos deben pasar verificación de antecedents, tener vacunas y examen de tuberculosis si trabajen en un hospital.

### **Áreas geográficas servidas:**

Princeton/Lawrenceville/Hamilton y areas cercanas, New Brunswick y Franklin. Tambien Pennsylvania, Connecticut, entre otros.

### **Apoyo ofrecido:**

Entrenador de trabajo para cada 2-3 estudiantes, ayuda con hoja de vida, ayuda con entrevistas, transportación y planeo de carrera y negociación.

### **También ofrece:**

Programas de Dia para Adultos, Advocaría, Casas en grupo.

### **Curso habitual de acción:**

Estudiantes en el grado 10/11 contactan a su distrito de escuela para que ellos contacten a Community Options, Inc. El distrito trabaja con C.O. para establecer un plan. Pacentias trabajan con el calendario escolar pero es posible que duren durante el verano si tiene fundación de DDD.

# Transition Services

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## **Delta Community Supports, Inc.**

www.deltaweb.org

1130 Route 202 South, Bldg. C-1

Raritan, NJ 08869

Phone: (908)-707-8844

Delta's Community Living & Support Services division offers a three-pronged, person-centered approach to caring for adults with developmental disabilities and their families. It is committed to enhancing each individual's independence. Individuals work in a variety of community based employment settings. Supported employment is achieved by utilizing three (3) support phases: Pre Placement, Intensive Training and Follow along. During the pre-placement phase, the staff conducts assessments, helps with the job application process and develops an Individualized Work Plan (IWP) to specify employment goals. The intensive training phase helps individuals become acclimatized to the job and their surroundings with one on one job coaching. Once an individual feels comfortable with their job duties, staff decreases on site support, but still maintains contact and conducts monthly job site evaluations. This is the follow along phase. The main goal is to offer individuals with developmental disabilities the support services necessary to find and maintain competitive employment in the community.

### **Pre-requisite:**

Clients need to be DDD, DVR and/or Ticket to Work eligible for employment services.

### **Geographical areas served:**

Central New Jersey region, South Jersey region and Pennsylvania.

### **Support offered:**

One on one job coaching, resume writing, interview skills, job sampling, long term follow along and transitioning from school to work supports.

### **Also offered:**

Recreation Center (Community Center), Community Living (Group homes, Supported living), Family Supports & Respite Services.

### **Usual course of action:**

Initial contact between Delta & Client and family. Intake assessment completed followed by parents contacting the school district and establishing an IEP.

# Servicios de Transición

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## **Delta Community Supports, Inc.**

www.deltaweb.org

1130 Route 202 South, Bldg. C-1

Raritan, NJ 08869

Teléfono: (908)-707-8844

La división de Servicios de Apoyo y Comunidad Viva de Delta ofrece un enfoque de tres frentes, centrado en el cuidado a adultos con discapacidades de desarrollo y sus familias. Se ha comprometido a aumentar la independencia de cada individuo. Las personas trabajan en una variedad de empleos en entornos comunitarios. El empleo con apoyo se logra mediante la utilización de tres(3) fases de apoyo: Pre colocación, capacitación y seguimiento intensivo a lo largo. Durante la fase previa a la colocación, el persona lleva a cabo evaluaciones, ayuda con el proceso de solicitud de empleo y se desarrolla un Plan de Trabajo Individual (IWP) para especificar los objetivos de empleo. La fase de entrenamiento intensivo ayuda a las personas a aclimatarse al trabajo y su entorno con con un entrenamiento de trabajo personalizado. Una vez que un individuo se siente cómodo con sus responsabilidades de trabajo, el personal disminuye el apoyo pero todavía mantiene contacto y realiza evaluaciones mensuales en el sitio de trabajo. Esta es la fase de continuación a lo largo. El objetivo principal es ofrecer a los individuos con discapacidades de desarrollo, los servicios de apoyo necesarios para encontrar y mantener un empleo competitivo en la comunidad.

### **Pre-requisito:**

Los clientes necesitan tener DDD, DVR y / o Boleto para trabajar, para ser elegibles para los servicios de empleo.

### **Áreas geográficas servidas:**

Región central de Nueva Jersey, región sur de New Jersey y Pennsylvania.

### **Apoyo ofrecido:**

Entrenamiento de trabajo personalizado, currículum vitae, habilidades para entrevista, muestreo de trabajo, seguimiento a largo plazo y apoyo en la transición de la escuela al trabajo.

### **También ofrece:**

Centro de Recreación (Centro Comunitario), Vivienda en Comunidad (hogares en grupo, apoyo residencial), Apoyo Familiar.

# Transition Services

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## **Easter Seals New Jersey**

[www.nj.easterseals.com](http://www.nj.easterseals.com)

25 Kennedy Blvd., Suite 600

East Brunswick, NJ 08816

Phone: (732)-257-6662

Easter Seals provides employment services to individuals 14 and older. They help people with disabilities or special needs determine and reach employment goals, accomplish meaningful employment, fulfill productive and valuable roles in the community, achieve self-sufficiency, and earn an independent income. Individuals learn the skills to successfully enter the workforce. Easter Seals offers pre-vocational evaluation, work adjustment training, school-to-work transition, supported employment, extended employment, and job placement services in three locations: Sussex, Middlesex, and Cumberland Counties. Easter Seals excels at working with individuals with disabilities and matching program participants to local businesses and volunteer services.

### **Pre-requisite:**

Participants must be at least 14 years old, have a funding source agency, must be able to manage their own personal needs, and all participants must complete a W-4 Form and/or an I-9 Form including all supporting documentation before participation.

### **Geographical areas served:**

Middlesex, Sussex, and Cumberland Counties, although participants do come from other areas of NJ.

### **Support offered:**

Work adjustment training, job placement services.

### **Also offered:**

Adult day services, Respite program, Camping and recreation programs, Outreach services, Residential services, Senior employment program.

# Servicios de Transición

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## **Easter Seals New Jersey**

[www.nj.easterseals.com](http://www.nj.easterseals.com)

25 Kennedy Blvd., Suite 600

East Brunswick, NJ 08816

Teléfono: (732)-257-6662

Easter Seals provee servicios de empleo para personas de edades 14 en adelante. Ellos ayudan a personas con discapacidades o con condiciones especiales a determinar y alcanzar sus metas de empleo, obtener trabajos de envergadura, ser personas productivas y valiosas en la comunidad, lograr autosuficiencia y ganar un salario independiente. Los individuos aprenden las habilidades necesarias para entrar exitosamente al mercado laboral. Easter Seals ofrece evaluaciones técnicas, entrenamiento para ajustarse al trabajo, apoyo en la transición de la escuela al trabajo, trabajo por tiempo extendido, y servicios de ubicación de trabajos en tres sitios: los condados de Sussex, Middlesex and Cumberland. Easter Seals sobresale en trabajar con personas discapacitadas y emparejarlos con negocios locales y servicios voluntarios.

### **Pre-requisito:**

Los participantes deben tener mínimo 14 años, obtener una agencia de fuente de financiación y deben poder manejar sus propias necesidades personales.

### **Áreas geográficas servidas:**

Condado de Somerset, Middlesex, y Cumberland aunque algunos participantes vienen de otras áreas de Nueva Jersey.

### **Apoyo ofrecido:**

Entrenamiento para ajustarse al trabajo, y servicios de ubicación de trabajos.

### **También ofrece:**

Servicio para adultos durante el día, Programas de descanso, Campamento de verano y programas de recreación, servicios, Servicios adicionales, Servicios de residencia, Programa de trabajo para personas de la tercera edad.

# Transition Services

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## Family Support Center of New Jersey

www.fscnj.org

2516 Route 35

Manasquan, NJ 08736

Phone: (800)-372-6510 / (732)-528-8080

The Family Support Center (FSCNJ) is a clearinghouse of up-to-date information on a national, state and local family support programs, services and disabilities. FSCNJ offers a “One-Stop-Shopping” approach to individuals seeking information on disabilities and services by providing them with easy access to a comprehensive array of services. FSCNJ conducts information sessions s intended to assist families of children with developmental disabilities targeting different age ranges in order to address unique needs. The *Pathways to Adult Life* sessions provided for families of children ages 14- 19, aims to assist students and families with making informed choices during the transition process from school to adult life. Representatives from DVRS, DOE, DDS will be present to answer any questions and concerns. *Preparation for Life After 21* is a two-part training series designed to specifically address the concerns of students with developmental disabilities ages 19 through 21 and their families as they quickly approach the end of their education entitlement.

### **Pre-requisite:**

Clients need to be DDD funded.

### **Geographical areas served:**

All of New Jersey.

### **Support offered:**

Sibling Support Program, Lending library, Parent to Parent program, database of both state and national services and resources; informational workshops for families; training for families and professionals, cash subsidies and guardianship stipends, coordination of the National Caregivers Conference, the development of a private provider database and the reproduction and distribution of the OPTIONS manual. Alianza (program for Spanish speakers).

### **Usual course of action:**

Families call the toll free number to obtain information on their needs.



# Servicios de Transición

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## **Family Support Center of New Jersey**

www.fscnj.org

2516 Route 35

Manasquan, NJ 08736

Teléfono: (800)-372-6510 or (732)-528-8080

El Centro de Apoyo Familiar (FSCNJ) es un centro de intercambio de información actualizada sobre los programas nacionales, estatales y locales de apoyo familiar, servicios y discapacidades. FSCNJ ofrece un acercamiento "One-Stop-Shopping" a las personas que buscan información sobre discapacidades y servicios, proporcionando un acceso fácil a una amplia gama de servicios. FSCNJ lleva a cabo sesiones informativas destinadas a ayudar a familias con niños con discapacidades de desarrollo, dirigidas para diferentes rangos de edad con el fin de satisfacer necesidades únicas. Las sesiones de Los Senderos hacia la Vida Adulta para las familias de niños entre los 14 a 19 años, tiene como objetivo ayudar a los estudiantes y a las familias a tomar decisiones informadas durante el proceso de transición de la escuela a la vida adulta. Los representantes de DVR, DOE, DDS estarán presentes para contestar sus preguntas y preocupaciones. La preparación para la Vida Después de 21 es una capacitación dividida en dos partes diseñada específicamente para tratar las preocupaciones de los estudiantes con discapacidades de desarrollo entre edades de 19 a 21 y sus familias, a medida que se acercan rápidamente al final de su derecho a la educación.

### **Pre-requisito:**

Ser financiado por DDD.

### **Áreas geográficas servidas:**

Todo Nueva Jersey.

### **Apoyo ofrecido:**

Programa de Apoyo a los hermanos, préstamos de la biblioteca, programa para Padres, base de datos de servicios y recursos estatales y nacionales, talleres informativos para las familias, la formación para familias y profesionales, subsidios en efectivo y becas, la coordinación de la Conferencia Nacional de los cuidadores, el desarrollo de una base de datos de proveedores privados y la reproducción y distribución del manual OPCIONES. Alianza (programa para hablantes de español).

# Transition Services

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## **JFK Johnson Rehabilitation Institute (JRI)**

<http://njrehab.org/adult-programs/adult-outpatient/vocational-rehab/>

Phone: (732)-321-7000 ext. 67069

The Career Development Program is a long term evaluation where participants explore vocational options and develop daily living skills. This program is available to anyone 14 and older. Students may participate on either a full-time or part-time basis. Participants may have worked in the past or may be entering the workforce for the first time. An extended school year program is also available. Community-based mentorship opportunities are provided to program seniors prior to graduation.

JRI's Vocational Rehabilitation Department also offers two training programs:

*The Professional Office Skills Training Program* provides clerical training in Microsoft Windows, PowerPoint, Access, Excel, Quick Books and the use and operation of all office machinery. A weekly practicum experience is also available. Open enrollment is offered year-round.

*The Laboratory Assistant Training Program* is a 15-week comprehensive training program which prepares students for entry-level positions within the clinical, environmental and/or pharmaceutical industries. Training on various components and a one-week internship at a local laboratory and/or tours of research, clinical, environmental and pharmaceutical sites are provided. Students also have the opportunity to network with laboratory representatives through technical reviews and practice job interviews. Three 15-week classes are offered per year.

### **Pre-requisite:**

Individuals must be at least 14 years old.

### **Geographical areas served:**

All of New Jersey, but offices are in Edison and Brick.

### **Support offered:**

Individual and group vocational counseling, resume assistance, interview skills.

### **Also offered:**

Social Skill Group, Technology Center, Job Hunt Club.

### **Usual course of action:**

Both training programs require a brief vocational evaluation prior to training to assure each candidate's success.

# Servicios de Transición

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## **JFK Johnson Rehabilitation Institute (JRI)**

<http://njrehab.org/adult-programs/adult-outpatient/vocational-rehab/>

Teléfono: (732)-321-7000 ext. 67069

El Programa del Centro de desarrollo es una evaluación de largo tiempo donde los participantes exploran opciones vocacionales y desarrollan herramientas de vida diaria. Este programa está disponible para cualquier persona mayor de 14 años. Estudiantes pueden participar medio tiempo o tiempo completo. Participantes pueden ser principiantes o haber trabajado previamente. También ahí disponible un año escolar extendido. Antes de graduarse, el programa provee oportunidades para obtener un mentor en la comunidad.

JFK's Departamento de Rehabilitación Vocacional ofrece dos programas de entrenamiento. El Programa de Entrenamiento de Oficina provee entrenamiento en Microsoft Windows, PowerPoint, Access, Excel, Quick Books y uso de toda maquinaria de oficina. Una experiencia de práctica semanal también está disponible. Se puede entrar al programa a cualquier tiempo. El Programa de Asistente Laboratorio es un programa de 15 semanas con entrenamiento comprensivo que prepara estudiantes para posiciones de trabajo en industrias de medioambiente, clínico, y farmaceuta. Entrenamiento en varios practicas semanales en varios laboratorios y tours de investigación en otras ramas de las mencionadas previamente. Estudiantes también tienen la oportunidad de practicar entrevistas y asociarse con representativos de laboratorios locales. Tres clases de 15 semanas cada una se ofrece durante el año.

### **Áreas geográficas servidas:**

Todo NJ pero oficinas en Brick y Edison.

### **Apoyo ofrecido:**

Consejería vocacional individual y en grupo, asistencia escribiendo hoja de vida, preparación de entrevistas.

### **También ofrece:**

Grupo de entrenamiento social, centro de tecnología, club de ayuda de búsqueda de trabajo.

### **Curso habitual de acción:**

Los dos programas de entrenamiento requiere una evaluación breve antes de comenzar para asegurar el éxito de cada candidato.

# Transition Services

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## Midland Adult Services

<http://midlandschool.org/midland-adult-services/>

60 Industrial Parkway  
Branchburg, NJ 08876-3425  
Phone: (908)-722-7727

Midland Adult Services (MAS) Employment is an independent, non-profit, corporation affiliated with The Midland. MAS was created to provide supervised employment for developmentally disabled young adults, aged 21 and older. They work with employers to find appropriate jobs that match the skills of its participants. One of their most successful programs is fulfilling contract work for local and national businesses. Individuals are paid per hour, not piece.

### **Pre-requisite:**

May enroll in MAS immediately upon completion of their academic program or based on individual needs.

### **Geographical areas served:**

Somerset, Hunterdon, Mercer, Middlesex counties. Services to those with hearing loss available to previously mentioned counties as well as Monmouth and Ocean counties.

### **Support offered:**

Career exploration, simulated jobs, Job coach accompanies & trains client on the job site until the job can be performed independently.

### **Also offered:**

Residential services.

# Servicios de Transición

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## **Midland Adult Services**

<http://midlandschool.org/midland-adult-services/>

60 Industrial Parkway  
Branchburg, NJ 08876-3425  
Teléfono: (908)-722-7727

Midland Adult Services (MAS) es una corporación independiente de trabajo afiliada con la escuela Midland. MAS fue creada para proveer empleo supervisado para jóvenes con discapacitadas de edad 21 y más.

Trabajan con compañías para encontrar trabajos apropiados que concuerde con los intereses y talentos de los participantes. Uno de sus programas más exitosos son los trabajos de contrato con negocios locales y nacionales. A los individuos se les paga por hora, no por pieza de trabajo.

### **Pre-requisito:**

Ser registrados con el programa de MAS lo mas pronto posible después de completar su programa académico o dependiendo de sus necesidades individuales.

### **Áreas geográficas servidas:**

Condados de Somerset, Hunterdon, Mercer, Middlesex. Monmouth y Ocean para los que tienen problemas con oídos.

### **Apoyo ofrecido:**

Exploración de carrera, trabajos de simulacro, entrenador de trabajo que los acompaña hasta que se sientan cómodos.

### **También ofrece:**

Servicios residenciales.

# Transition Services

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## **Neighbours Inc.**

www.neighbours-inc.com

3490 US Rte. 1 North, Unit 10

Princeton, NJ 08540

Phone: (732)-343-2676 or 1-866-585-0022

Neighbours Inc.'s primary goal is to foster individual's independence. By establishing a Person Centered Plan (PCP) comprised of a support circle and advisors, individuals are encouraged to make decisions that affect them catered to their specific needs. The plan embodies five aspects for the support system – individual budgets, advisors, planning, support circles and customized staffing support. The support circle is selected by the individual as a trustworthy selection of friends, family and others to aid their ability to live in their own homes, problem solve and coordinate their daily schedule. They manage their own staff as well as their own budget for support and services. Those who seek assistance with employment are invited to participate in the Real Life Choices program. Real Life Choices assists individuals and families through the use of a person-centered thinking model, the *Essential Lifestyle Plan (ELP)*. The ELP is a strengths-based tool that permits people and their families to go beyond simple identification of service needs, and allows them to focus on what is important to them and permits them to build their personal choices into their plan.

### **Pre-requisite:**

Clients need to be DDD funded, community care waiver.

### **Geographical areas served:**

All of New Jersey.

### **Support offered:**

Group of advisors and personal staff.

### **Also offered:**

Assistance with individual budget, Problem solving, Independence support.

### **Usual course of action:**

Individuals contact Neighbours Inc for initial appointment and process will begin shortly thereafter.

# Servicios de Transición

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## **Neighbours Inc.**

www.neighbours-inc.com

3490 US Rte. 1 North, Unit 10

Princeton, NJ 08540

Teléfono: (732)-343-2676 or 1-866-585-0022

La meta primordial de Neighbours Inc es de ayudar a los individuos a tener independencia. Al establecer un plan personal (PCP) constituido por un equipo de consejeros y círculo de soporte personal, los individuos están animados a tomar decisiones que les afectan a sus necesidades personales. El plan tiene cinco aspectos para el sistema de soporte – presupuesto personal, consejeros, planeamiento, círculo de soporte, y ayuda personal. El círculo de soporte son seleccionados por el individuo como personas que ellos confían incluyendo a amistades, familiares, y otros que le ayudan a coordinar su día, vivir en sus hogares entre otras cosas. El individuo está encargado de su propio equipo y presupuesto. Los que quieren asistencia con búsqueda de empleo se les sugiere participar en el programa Real Life Choices. Este programa da asistencia a individuos y familias por su modelo de persona Essential-Lifestyle Plan (ELP). El ELP permite que los individuos identifiquen necesidades de servicio y le permite enfocar en lo que es importante para que ellos tengan un plan exitoso.

### **Pre-requisito:**

Tener fundación de DDD, y “community care waver”.

### **Áreas geográficas servidas:**

Todo Nueva Jersey.

### **Apoyo ofrecido:**

Equipo de consejo y ayuda personal.

### **También ofrece:**

Asistencia con balancear su presupuesto, solucionar problemas, soporte de independencia.

### **Curso habitual de acción:**

Individuos contactan a Neighbours Inc para cita inicial y el proceso comienza después.

# Transition Services

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## **Somerset Home for Temporarily Displaced Children**

[www.somersethome.org](http://www.somersethome.org)

49 Brahma Avenue

P.O. Box 6871

Bridgewater, NJ 08807-0871

Phone: (908)-526-6605

Somerset Home for Temporarily Displaced Children provides housing and support services for abused, neglected and homeless teenagers. Somerset Home operates seven programs for various age groups between 13 and 21: Brahma House crisis intervention program; Street S.M.A.R.T. Street Outreach program; Passages, My Place and Whitney House transitional-living programs; Pathways independent-living skills education program, and Bridge House permanent, supportive-housing program.

Most residents are referred by DYFS, family court, the family crisis intervention unit, Somerset Home's street outreach program or other community agencies. Those not DYFS-involved may refer themselves. Somerset Home has 25 transitional-living spaces; availability changes as residents complete the program.

### **Pre-requisite:**

In the residential programs, youth are required to be in school and have a part-time job. Admission is based on an interview process, evaluation of family and behavioral issues and on agreement to abide by program rules. The non-residential program, Pathways, is open to youth in the community in need of life-skills education.

### **Geographical areas served:**

Residents may be from throughout New Jersey.

### **Support offered:**

Career counseling, interviewing skills and resume-writing are subjects covered in independent-living skills workshops. Includes life skills workshops, training for job applications, interviewing skills, finding transportation, etc.



# Servicios de Transición

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## **Somerset Home for Temporarily Displaced Children**

[www.somersethome.org](http://www.somersethome.org)

49 Brahma Avenue

P.O. Box 6871

Bridgewater, NJ 08807-0871

Teléfono: (908)-526-6605

Somerset Home for Temporarily Displaced Children provee servicio de apoyo y hogar a jóvenes abusados, desamparados y abandonados. Somerset Home opera siete programas para varios grupos de edades entre los 13-21 años: Casa Brahma programa de intervención de crisis; Street S.M.A.R.T para asistencia niños desamparados, lugares de vivienda Passages, My Place y Whitney House; Pathways, programa de asistencia de herramientas para una vida independiente como también el programa Bridge House permanente, que provee vivienda con apoyo.

La mayoría de residentes son referidos por medio de DYFS, corte familiar, unidad de intervención de crisis familiar, programa de comunidad de Somerset Home y otras agencias. Individuos no asociados con DYFS se pueden referir propiamente. Somerset Home tiene 25 cupos para el programa de vida en transición y la disponibilidad cambia a partir que un residente complete el programa.

### **Pre-requisito:**

En los programas residenciales, los jóvenes están requeridos a estar en la escuela y tener un trabajo medio tiempo. Admisión es por medio de una entrevista, evaluación de familia y comportamiento y contrato de seguir reglas del programa. Para el programa no residencial, Pathways, está disponible para jóvenes en la comunidad que necesiten educación de herramientas diarias.

### **Áreas geográficas servidas:**

Todo Nueva Jersey.

### **Apoyo ofrecido:**

Consejería de carrera, ayuda con hoja de vida y entrevista. Herramientas de uso diario, uso de transporte, etc.

# **Substance Abuse & Mental Health Services/ Abuso de Substancia & Servicios de Salud Mental**

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## **Catholic Charities**

[www.ccdom.org](http://www.ccdom.org)

540 U.S. 22

Bridgewater, NJ 08807-2405

Phone: (908)-722-1881

## **National Alliance on Mental Illness**

[www.nami.org](http://www.nami.org)

3803 N. Fairfax Dr., Suite 100

Arlington, VA 22203

Phone: 1-800-950-NAMI (6264)

## **Princeton House Behavioral Health**

[www.princetonhcs.org/princetonhouse/](http://www.princetonhcs.org/princetonhouse/)

27 Warren St.

Somerville, NJ 08876

Phone: (908)-541-5700

## **Richard Hall Community Mental Health Center**

[www.co.somerset.nj.us/hservices/rhmhc/index.html](http://www.co.somerset.nj.us/hservices/rhmhc/index.html)

North Bridge Street

Bridgewater, NJ 08807

Phone: (908)-725-2800

## **Somerset County Mental Health Services**

[www.co.somerset.nj.us/hservices/hsdept/mhealth.html](http://www.co.somerset.nj.us/hservices/hsdept/mhealth.html)

Division of Human Services

Third Floor, 27 Warren Street

Somerville, NJ 08876

Phone: (908)-704-6300

# **Abbreviations & Acronyms** Related to Special Services/ **Abreviaciones/Acrónimos** Relacionados a Servicios Especiales

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AAC or AC	Augmentative and Alternative Communication
ABA.....	Applied Behavior Analysis
ACT.....	Adapted Cuing Technique
ADA.....	Americans with Disabilities Act
ADD.....	Attention Deficit Disorder
ADHD.....	Attention Deficit Hyperactivity Disorder
ADL.....	Activities for Daily Living
AFO.....	Ankle-Foot Orthotics
AHA.....	American Hyperlexia Association
AIT.....	Auditory Integrated Training
AOS.....	Apraxia of Speech
ARC.....	Association for Retarded Citizens
APD.....	Auditory Processing Disorder
APE.....	Adapted Physical Education
AS.....	Asperger's Syndrome
ASA.....	Autism Society of America
ASD.....	Autism Spectrum Disorder
ASHA.....	American Speech Language Hearing Assoc.
ASL.....	American Sign Language
AT.....	Assistive Technology
AYP.....	Adequate Yearly Progress
BIP.....	Behavior Intervention Plan
BMP.....	Behavior Management Plan
CA.....	Chronological Age
CAH.....	Care At Home
CAPD.....	Central Auditory Processing Disorder
CAS.....	Childhood Apraxia of Speech
CBI.....	Community Based Instruction
CD.....	Cognitive Disability
CEC.....	Council of Exceptional Children
CP.....	Cerebral Palsy
DAS.....	Developmental Apraxia of Speech
DCD.....	Developmental Coordination Disorder
DD.....	Developmentally Disabled or Developmentally Delayed
DDD.....	Division of Developmental Disabilities

# **Abbreviations & Acronyms** Related to Special Services/ **Abreviaciones/Acrónimos** Relacionados a Servicios Especiales

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DDS .....	Division of Disability Services
DOB.....	Date of Birth
DS .....	Down Syndrome
DSI or SID.....	Dysfunction of Sensory Integration
DTT .....	Discrete Trial Teaching
DVD.....	Developmental Verbal Dyspraxia
DX .....	Diagnosis
EBD.....	Emotional and Behavioral Disorder
EI.....	Early Intervention
EISP .....	Early Intervention Service Program
ENT .....	Ear, Nose and Throat
ESY .....	Extended School Year
FAPE .....	Free Appropriate Public Education
FAS.....	Fetal Alcohol Syndrome
FC.....	Facilitated Communication
FSP .....	Family Support Plan
GF/CF .....	Gluten-Free/Cassin-Free Diet
GT .....	Gifted and Talented Definition
HFA .....	High Functioning Autism
HI .....	Hearing Impaired
HOH .....	Hard of Hearing
HOTS.....	Higher Order Thinking Skills
ID .....	Intellectual Disability
IDEA .....	Individuals With Disabilities Education
IEP .....	Individualized Education Plan
IFSP.....	Individualized Family Service Plan
ILC.....	Independent Living Center
IQ.....	Intelligence Quotient
IRR.....	Interrelated Resource
SLD .....	Specific Learning Disability
LD .....	Learning Disabled
LLD.....	Language-based Learning Disability
LFA .....	Low Functioning Autism
LRE.....	Least Restrictive Environment
MBD .....	Minimal Brain Dysfunction

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MD .....	Muscular Dystrophy
MH .....	Multiply Handicapped or Multiple Disabilities
MID .....	Mild Intellectual Disability
MIT .....	Melodic Intonation Therapy
MRI .....	Magnetic Resonance Imaging
NCLB .....	No Child Left Behind
NDT .....	Neurodevelopmental Treatment
NICI .....	Neonatal Intensive Care Unit
NT .....	Neurologically Typical
OCD .....	Obsessive-Compulsive Disorder
ODD .....	Oppositional Defiant Disorder
OHI .....	Other Health Impairment
OI .....	Orthopedic Impairment
OT .....	Occupational Therapy or Occupational Therapist
PACT .....	Parent and Childhood Training
PDD .....	Pervasive Development Disorder
PDD–NOS .....	Pervasive Developmental Disorder—Not Otherwise Specified
PECS .....	Picture Exchange Communication System
PICU .....	Pediatric Intensive Care Unit
PT .....	Physical Therapy or Physical Therapist
PTSD .....	Post Traumatic Stress Disorder
ROM .....	Range of Motion
RS .....	Related Services
SI .....	Speech Impairment or Sensory Integration
SIB .....	Self-Injurious Behavior
SLI .....	Speech Language Impairment
SLP .....	Speech Language Pathology or Speech Language Pathologist
SPD .....	Semantic-Pragmatic Disorder and Sensory Processing Disorder
SPED .....	Special Education
SSA .....	Social Security Administration
SSD .....	Social Security Disability
ST .....	Speech Therapy
TBI .....	Traumatic Brain Injury
TS .....	Tourette Syndrome
TX .....	Treatment
VI .....	Visually Impairment
WNL .....	Within Normal Limits







[www.childhooddisability.com](http://www.childhooddisability.com)